



**SRI VENKATESWARA COLLEGE
(UNIVERSITY OF DELHI)**

EVENT REPORT

NAME OF THE EVENT: Workshop on "Training the Mind through Spirituality"			
DATE	DEPARTMENT	COMMITTEE/SOCIETY	COORDINATORS NAME
8 September, 2022	Zoology		Dr. Anita Verma, Dr. Richa Misra
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE: Outdoor/Indoor; online/offline/hybrid
11:30 am onwards	New Seminar Hall, Sri Venkateswara College	104	Indoor; Offline
FINANCIAL SUPPORT/ASSISTANCE (if any):	NA		


BRIEF INFORMATION ABOUT THE ACTIVITY

TOPIC/SUBJECT OF THE ACTIVITY	Workshop on "Training the Mind through Spirituality"
OBJECTIVES	To introduce the concept of Spirituality and the importance of holistic education
METHODOLOGY	Session on Spirituality with some mindful exercises
INVITED SPEAKERS WITH AFFLIATION DETAILS (IF ANY)	Shri S.C. Kishore. Chartered Accountant VP. Society for Babuji's Mission
OUTCOMES	The speaker introduced the importance of Training our mind to remove negativity through spirituality for better productivity. He mentioned that we all experience highs and lows as we go about performing our duties and living life. On a low day, when negative thoughts come, The problem is not that we have negative thoughts. The problem comes when we get hooked by our thoughts and believe those negative thoughts are true. And that is when training of mind becomes important. He emphasised that Holistic education is a movement in education that seeks to engage all aspects of the learner, including mind, body, and spirit. He engaged the audience by some training sessions and interacted with the audience to share their experiences and answered their doubts. The session left everyone rejuvenated.

PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

1 Notice & Letters	2 Number of Participants & Name of participants	3 Video clip	4 Photos	5 Feedback Form & analysis
6 News clip with details	7 Sample Copy of the Certificate	8 Posters/ Invites	9 Event report Attested by Event Coordinator & IQAC Coordinator	10 Any other document

Permission Letter


 Sri Venkateswara College
 University of Delhi
 NAAC Grade A1

PERMISSION FOR ORGANIZATION OF EVENTS

NOTE: 1. Please ensure that the completion certificate of the event is physically signed by the Convener of the event, IQAC Coordinator and Principal after the event report is made.
 2. Please ensure a pre booking of the venue before getting the permission letter signed.
 3. A copy of this duly filled form signed by the TIC/ Convener and Principal shall be submitted to ICT, Caretaker and IQAC Coordinator, Dr. Arpita Kaul for commerce and NSS, NCC, Placement and Sports events, Dr. Jitesh Rana for humanities events, Dr. P. Jayaraj for sciences events.

EVENT DETAILS

1. Name of the Department/Society /Association: ZOOLOGY
2. Name of the TIC/Convener (if any): DR. ANITA VERMA
DR. RISHA MISRA
3. Nature of Event: Seminar/Conference/Symposium/Workshop/FDP/Public or community outreach/ skill enhancement/others:
4. Participants: Student-centric /Faculty/Both
5. Event Type: Online/Online/Hybrid; Indoor/Outdoor
6. Collaborating Agency /Organization: NA
7. Proposed Title of the Event: Training the Mind through Spiritual
8. Tentative List of Speakers with affiliations: Shri. S.C. Kishore
(Society for Babu's Mission)
9. Date, Time from to : 03 Sep 2022 (11:30am - 1pm)
10. Financial Assistance/ Funding received (if any) NA
11. Proposed Budget (please attach details in a separate enclosure):
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12. Faculty responsible for Geo Tagged Pictures Dr. Jayaraj /Dr. Anarjeet
13. Faculty responsible for Event Report Dr. Risha Misra
14. ICT support required, if any (ICT Lab, Laptop, LCD projector) Hand mic /collar mic

15. Caretaker support required (tables, chairs, public addressing system, sanitation, manpower assistance) Yes Table Chair rearrangement in Circle

16. Room requirement (Seminar/ any other) Seminar Room (New)

Arpita Kaul
 Name & Signature of TIC/Convener

C. Shuba Reddy
 Signature of Principal

Date: 01/07/2022 Date: 2/9/22



Department of Zoology,
Sri Venkateswara College

organizes

WORKSHOP ON

"Training the Mind through Spirituality"

Shri S.C. Kishore, Chartered Accountant
VP, Society for Babuji's Mission

8 September, 2022

Seminar Room,
Durgabai Deshmukh
Block

11:30 am onwards

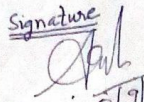
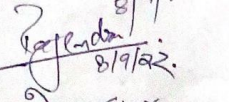
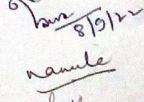

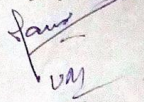
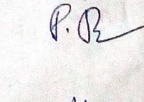
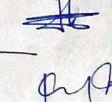
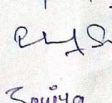
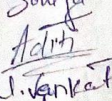
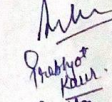
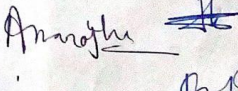
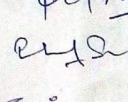
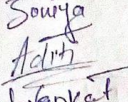
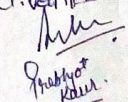
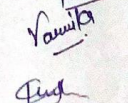
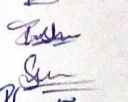
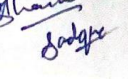






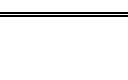
Chairperson : Prof. C Sheela Reddy, Principal, SVC

Convenors: Dr. Anita Verma & Dr. Richa Misra

Poster of the Event

WORKSHOP ON "TRAINING THE MIND THROUGH SPIRITUALITY"

Attendance

<u>S.No.</u>	<u>Name</u>	<u>Signature</u>
1.	Dr. Harib Singh	
2.	Dr. Rajendra Phaxel	 8/9/2022
3.	Dr. Nawaz Alam Khan	
4.	Dr. Namita Nayyar	
5.	Dr. Pooja Vijay	
6.	DR. RIYAZ BAKSHI	
7.	Dr. Manvi Verma	
8.	Dr. Vandana Mehotra	
9.	Dr. Ravindra Varma	
10.	John Nihal	
11.	Aman Kr Ajha	
12.	Kunal Raj	
13.	Tasheef Suhail	
14.	Soniya	
15.	Aditi Singh	
16.	N. Venkata Prk	
17.	Ankur Verma	
18.	Prabhat Kumar	
19.	Yasika Rajan	
20.	Khush Sharma	
21.	Isha Yadav	
22.	Sruvangi Gupta	
	Pr. Aarti Seharawat	
	Dr. Sadqua Shameem	

<u>S.No</u>	<u>Name</u>
23.	Anushka Dliman
24.	Tilak raj
25.	Mayank Kumar
26.	Aditya Singh
27.	Pawan Kumar
28.	Mahendra Garg
29.	Shivangi Choudhary
30.	Dhwani Goel
31.	Yuvraj Pathria
32.	Shweta Jha
33.	Akansha Sinha
34.	Sucha Verma
35.	Kajal Chauhan
36.	Raksha
37.	Shivani Yadav
38.	Anshika Aggarwal
39.	Muskan Aggarwal
40.	Kenika Goel
41.	Mohit Upadhyay
42.	Shubham Bhaerani
43.	Anand Poojapati
44.	Mridul
45.	Aryan Aryan
46.	Pratish
47.	Abhijeet
48.	Keetika
49.	Kanupriya Maham
50.	Chetna Gupta

Signature

Anushka
Tilakraj
Mayank
Ad

Pawan Kumar

Mahendra Garg

Shivangi

Dhwani

Yuvraj

Shweta

Akansha

Sucha

Kajal

Raksha

Shivani

Anshika

Muskan

Kenika

Mohit

Shubham

Anand

Mridul

Aryan

Pratish

Abhijeet

Keetika

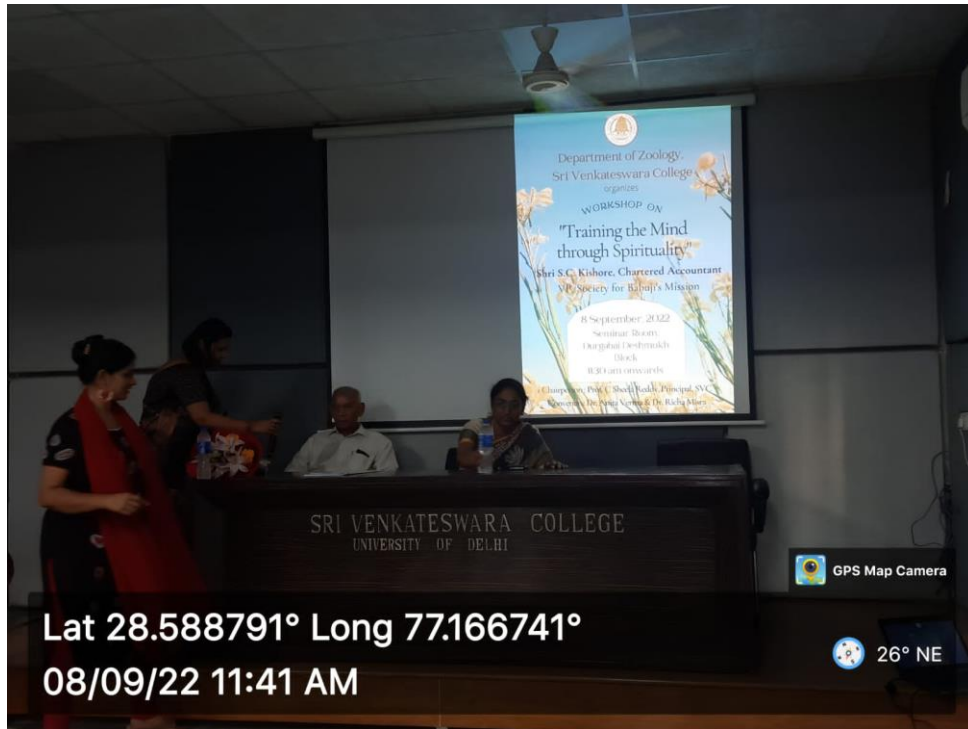
Kanupriya

Chetna

S No	Name	Signature
51.	Mantosh kr. Mandal.	
52.	Shweta Pagariya	<u>Shweta</u>
53.	Jasleen. kaur.	<u>sachin</u>
54.	Tarvi	<u>Tarvi</u>
55.	Muskan. Anthal.	<u>Muskan Anthal</u>
56.	Nishita Roy.	<u>Nishita</u>
57.	Nancy Mehta	<u>Nancy</u>
58.	Simran	<u>Simran</u>
9.	Kanishka	<u>Kanishka</u>
10.	Madhumati Das.	<u>Madhumati Das</u>
1.	Bhoomika Saklani	<u>Bhoomika Saklani</u>
2.	B. Ramkumar	<u>B. Ramkumar</u>
3.	Ashok Kumar Pandey (Zoology Staff)	<u>Ashok Kumar Pandey (Zoology Staff)</u>
4.	Bhaskar Thapa (Zoology Staff)	<u>Bhaskar Thapa (Zoology Staff)</u>
5.	TARUN MOHAN (Zoology Staff)	<u>TARUN MOHAN (Zoology Staff)</u>
6.	Amshika Rani	<u>Amshika Rani</u>
7.	Tanya Goel	<u>Tanya H.</u>
68.	Lavanya Anuja	<u>Lavanya Anuja</u>
69.	Kunal Yadav	<u>Kunal</u>
70.	Kavish Sharma	<u>Kavish</u>
71.	Bibham Tiwari	<u>Bibham</u>
72.	Ashutosh Sharma	<u>Ashutosh</u>
73.	Sruvika Panda	<u>Sruvika</u>
74.	Deepanshu	<u>Deepanshu</u>

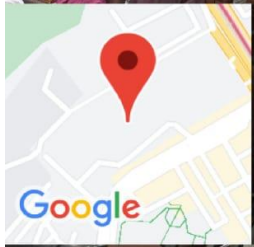
S.No.	Name	Signature
75.	Parwez Alam	Parwez Alam
76.	Madhav Gupta	Madhav
77.	Nikhil Chopra	Nikhil
78.	Pratibha Saket	Pratibha
79.	Mobashsherah Firdaus	Mobashsherah
80.	Govind Datta	Govind
81.	Shelina Raman	Shelina
82.	Bhanish Sami	Bhanish Sami
83.	Preeti Yadav	Preeti
84.	Mahima Rathel	Mahima
85.	Lavanya Tyagi	Lavanya
86.	Subhi Agawal	Subhi Agawal
87.	Kavita Verma	Kavita Verma
88.	Rameshwar Mahto	Rameshwar Mahto
89.	Anur Kumar	Anur Kumar
90.	Reetika	Reetika
91.	Arunjyoti Choudhury	Arunjyoti Choudhury
92.	Vidhi Wadhawan	Vidhi Wadhawan
93.	Purnika Sharma	Purnika Sharma
94.	Shradha Jain	Shradha Jain
95.	Jeevika Bhat	Jeevika Bhat
96.	Gargi Sajwan	Gargi Sajwan
97.	Shrangi Sharma	Shrangi Sharma
98.	Mridul Singh Tomar	Mridul Singh Tomar
99.	Parvathi Kuriel	Parvathi Kuriel
100.	Mayank	Mayank
101.	Princi	Princi
102.	Dr. Preeti Khanelwal	Dr. Preeti Khanelwal
103.	Dr. P. Jayaraj	Dr. P. Jayaraj
104.	Megha Choudhary	Megha Choudhary

Some glimpses from the Event





GPS Map Camera

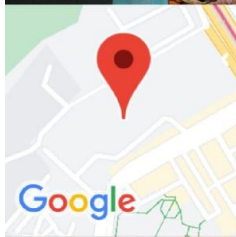


New Delhi, Delhi, India

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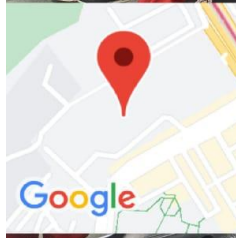


New Delhi, Delhi, India

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GPS Map Camera





New Delhi, Delhi, India

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Long 77.166751°
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IQAC Document No: IQAC/ Zoology/2022-2023	Criterion No: III, VII
Departmental file no: IQAC/ Zoology/2022-2023/07	IQAC file No: 2022-23

NAME OF TEACHER & SIGNATURE	NAME OF HEAD/ COMMITTEE INCHARGE & SIGNATURE	IQAC COORDINATOR (SEAL & SIGNATURE)
Dr. Anita Verma 		

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For Reference

Criterion I	Curricular Aspects (planning & Implementation)	Criterion V	Student Support & Progression
Criterion II	Teaching Learning & Evaluation	Criterion VI	Governance
Criterion III	Research, Innovations & Extension	Criterion VII	Institutional Values & Best Practices
Criterion IV	Learning Resources and Infrastructure		



Tirumala Tirupati Devasthanams
శ్రీ వేంకటేశ్వర కళాశాల
Sri Venkateswara College
(University of Delhi)
NAAC Grade A+

CERTIFICATE

This is to certify that the "Workshop on "Training the Mind through Spirituality" was successfully conducted on November 2022 from (Time) am/pm to 10 am / 1 pm by (Department of Zoology) in the offline mode and its event report has been submitted to IQAC for records.


Event In-Charge


IQAC Coordinator


Principal