

SRI VENKATESWARA COLLEGE (UNIVERSITY OF DELHI)

EVENT REPORT

NAME OF THE EVENT: A LIFE SKILL SESSION ON SELF CONSTRUCTION					
DATE	DEPARTMENT	COMMITTEE/SOCIETY	COORDINATORS' NAME		
12.09.2022	ELECTRONICS	ELECTRONICS	Dr Nutan Joshi, Dr Rakhi Narang		
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE: Outdoor/Indoor; online/offline/hybrid		
11.30 AM	Room 13(T1) SVC	36 (students), 9(faculty members)	INDOOR, OFFLINE		
FINANCIAL SUPPORT/ASSISTANCE (if any):	SVC				

BRIEF INFORMATION ABOUT THE ACTIVITY

TOPIC/SUBJECT OF THE ACTIVITY	A LIFE SKILL SESSION ON SELF CONSTRUCTION
OBJECTIVES METHODOLOGY	Self-awareness is an essential tool for understanding one's strengths and weaknesses. The individual can determine the available opportunities, understand the challenges and prepare to face possible threats. Life skills enable individuals to explore alternatives, weigh pros and cons and make rational decisions. The focus was to help students introspect, think critically, make rational decisions and help them overcome their challenges. The Invited speaker used presentation, demonstration and also creative art activities to engage students. Students were given situations and their reactions were noted and discussed. They were encouraged and motivated to share their experiences, challenges and fear, which helped them introspect and analyze their strengths and weaknesses.
INVITED SPEAKERS WITH AFFLIATION DETAILS (IF ANY)	Ms Nandita Prakash, Education Advisor, Vice President, Private Schools and Children Welfare Association

OUTCOMES	The session was successfully completed. The students actively
	participated in self-awareness related discussion fulfilling the objective
	of the event. The students were able to learn how to monitor their
	personal challenges and further find solutions to overcome them. This
	event helped them in mental relaxation, help them learn to overcome day
	to day challenges and build a road map for a better living.

PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

1 Notice & Letters	Number of Participants & Name of participants	3 Video clip	4 Photos	5 Feedback Form & analysis
6 News clip with details	7 Sample Copy of the Certificate	8 Posters/ Invites	9 Event report Attested by Event Coordinator & IQAC Coordinator	10 Any other document

IQAC Document No: IQAC/SVC/2022-2023/ELECTR/01	Criterion No: III, V
Departmental file no: ELECTRONICS/2022-2023/ELECTRSOC/01	IQAC file No: SVC/2022-23

NAME OF	NAME OF HEAD/	IQAC COORDINATOR (SEAL &
TEACHER &	COMMITTEE INCHARGE &	SIGNATURE)
SIGNATURE	SIGNATURE	
Dr Rakhi	Dr Nutan Joshi	
Narang		
Narang		

For Reference

Criterion I	Curricular Aspects (planning	Criterion	Student Support & Progression
	& Implementation)	V	
Criterion II	Teaching Learning &	Criterion	Governance
	Evaluation	VI	
Criterion III	Research, Innovations &	Criterion	Institutional Values & Best
	Extension	VII	Practices
Criterion IV	Learning Resources and		
	Infrastructure		



PERMISSION FOR ORGANIZATION OF EVENTS

NOTE: 1. Please ensure that the completion certificate of the event is physically signed by the Convener of the event, IQAC Coordinator and Principal after the event report is made.

2. Please ensure a pre booking of the venue before getting the permission letter signed.

3. A copy of this duly filled form signed by the TIC/ Convener and Principal shall be submitted to ICT, Caretaker and IQAC Coordinator, Dr. Arpita Kaul for commerce and NSS, NCC, Placement and Sports events, Dr. Jitesh Rana for humanities events, Dr. P. Jayaraj for

C.C.II.O.
EVENT DETAILS
Name of the Department/Society /Association: ELECTRONICS Name of the TIC/Convenor (if any): Prof./Dr./Mr./Ms. Dr. Nutan Joshi & Dr. Rakhi Narang
Nature of Event: Seminar/Conference/Symposium/Workshop/FDP/Public or community outreach/ skill enhancement/others Life Skill Session
Participants: Student-centric /Faculty/Both
Event Type: Offline/Online/Hybrid; Indoor/Outdoor
Proposed Title of the Event: Life Skill Lession on Self Construction Tentative List of Speakers with affiliations: Ms. Nandita frakash Education Advisor
Date, Time from to: 12th September 2022 (11:45AM-01:45 PM) Financial Assistance/Funding received (if any)
m requirement (Seminar/ àny other) Nutan Toshy) & Signature of TIC/Convenor Date: 8/9/22

Summary of the event

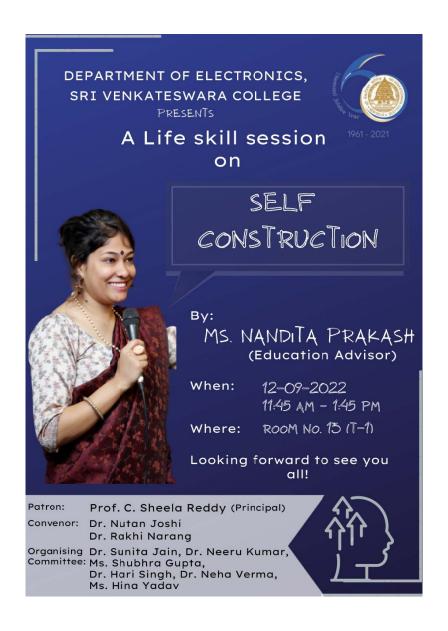
Almost everyone-students and teachers alike went through a lot of physical and mental challenges during the pandemic. The transition from an online to offline mode of teaching, learning and evaluation was also a big challenge to surpass. Resilience-the ability to withstand adversity and cope up with difficult and challenging life situations is a special skill which can be gradually developed and evolved.

This was an initiative by the Department of Electronics to create an awareness among the students towards the important Life Skills such as Resilience and Self construction through introspection, self-analysis, and realization.

During the session students were given situations and their reactions were noted. The activities helped them to do self-analysis in order to identify their positive and negative traits, draw their mountain of challenges & further build a road map to their future.

Proofs

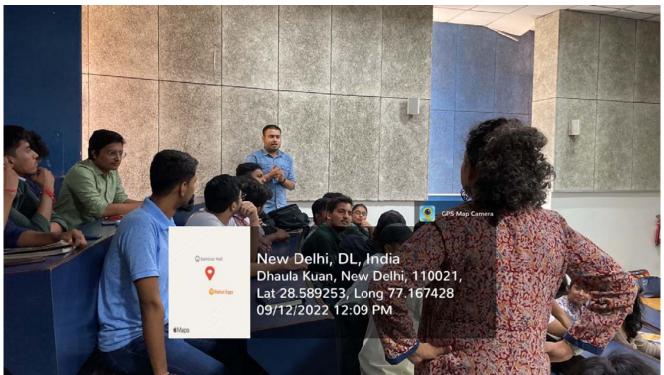
a. Poster



b. Geotagged Pictures

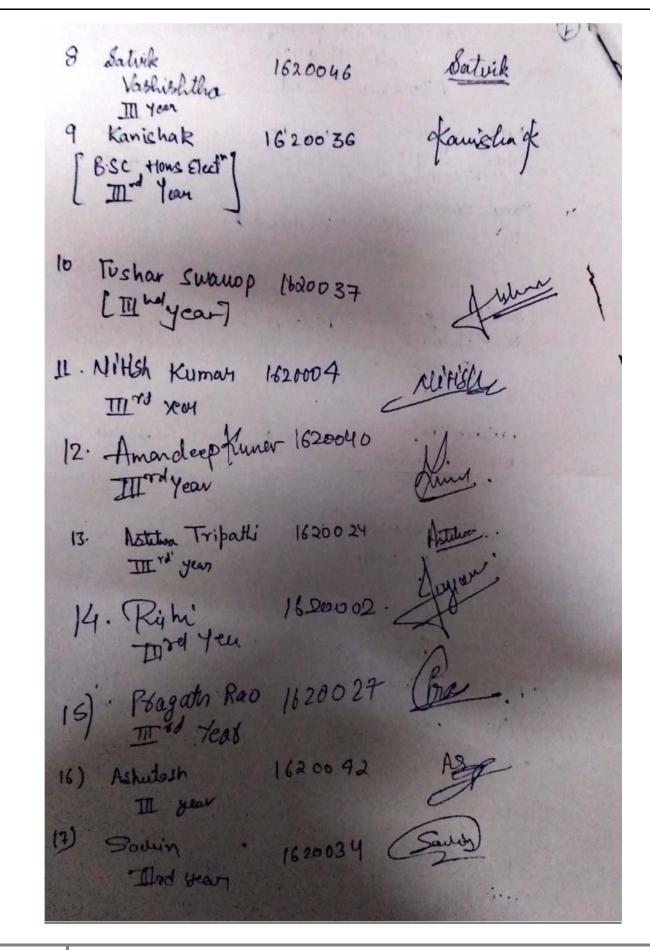




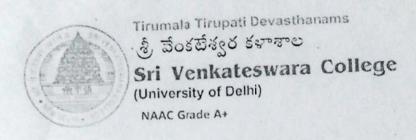




c. Attenda	ance		
	Life Skill Sen	nion on Self Gnu 12/09/2022	truction
	A Hendance	Sheet	
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2.	Manya Kaushik B. Scitt) Elettumine (III year)	1620008	Yange:
3.	Sonakshi Singh BSC(H) Electronics	1620041	8yf.
	(III. year)		Assurate Pale (A) (A)
ч.	Abhishak Thapa B.Sc CW Electronics	1620048	-Albhizhuk
5.	CIII year) Shothragi Sharma B. Sc. 44) Electronic (III year)	1620019	Jun.
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21) Jauhari (II year)	1621018	Last.
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24) Adort Khera (II year	1621005	- Sumb
25) dumit mishra (Iyears 1621042	- Junio
26) Sunny Kumar (I	years) 1621043	Sung Kin
27) Adaush Maurya	(I year) 1621002	Afauch Manys
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29) Rohit Kumar	[IIYean] 1621031	4 Pomit
30) Abhinanyu Pratap Sir	gh [I Year] 1621001	
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35) SAMIL KUMAR EX	1 2th year 162102	6 Wour



CERTIFICATE

This is to certify that a <u>Life Skill Session on "Self Construction</u> was successfully conducted on 12th September 2022 from 11:45 AM to 01:45 PM by <u>Department/society of Electronics</u> in the <u>Offline</u> mode and its event report has been submitted to IQAC for records.

Event In-Charge

4QAC Coordinator

Coordinator, IQAC Sri Venkateswara College (University of Delhi) Dhaula Kuan, New Delhi-110021 Ag. Principal

Ag , PRINCIPAL Sri Venkateswara College Dhaula Kuan, New Delhi-110021