



SRI VENKATESWARA COLLEGE
(University of Delhi)

Managed by Tirumala Tirupati Devasthanams (TTD)
NAAC Accredited "A" Grade (2016), DBT Star College Status (2016)
NIRF Rank # 14 (2020), NIRF #11(2021)

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CRITERIA 7
SUPPORTING DOCUMENT

7.1.11 Institution celebrates / organizes national and international commemorative days, events and festivals

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The institution has been celebrating the international and national commemorative days, events and festivals regularly. It has conducted several related activities. The followings are some of the photos relating to the activities

Independence day celebration : Kite Flying festival

The Association of Mathematics celebrates ***The Kite Flying Festival*** annually, a working day before 15th August, on the eve of Independence Day. The idea of organizing this festival is to cultivate the strong feeling of patriotism among the fraternity (teaching staff, Non-teaching staff and the students) of the college towards the country by covering the sky with colorful kites. Every year a gathering in hundreds participate with great enthusiasm and enjoy the occasion. The event, started by Dr. Ramesh K. Budhraj, is a regular feature of the Association since 2012.





NSS DAY

On the occasion of "NSS day" on 26th September, *NSS-SVC* with *Health Ministry*, Government of Delhi organised a *'Free Health Camp*' and a *Seminar on ANEMIA* for Faculty, Staff and Students of college.

Objective of the Event was *Awareness regarding ANEMIA*

In Seminar Attendees were told about :-

- Various steps for PREVENTION of Anemia.

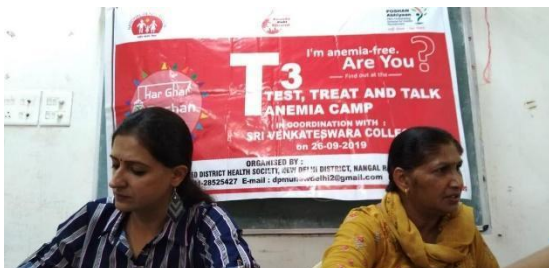
- SYMPTOMS of Anemia.

- PROBLEMS faced by Anemia patient.

- and, about Diet and TREATMENT of Anemia.

(SPEAKER: Dr.Navneet Kaur, (Haematologist).

For Health Camp a team of 12 dedicated Doctors from various Government Hospitals arrived at the College at 10:00 a.m. Anemia tests were conducted, In total *701* people turn up for tests: in which *647* were students and *54* were staff and faculty members. Doctors provided them various Medicines and Consultations during the Camp.



Activity report link:

http://www.svc.ac.in/SVC_MAIN/NSS/NSS_Activity_Reports/2019-20/NSS%20DAY.pdf

"Pagal nahin ,bimar tha"_ as a quote stands very true and strong in the context of Mental Health. To bring light to this crucial yet sensitive issue *NSS SVC* conducted its most awaited event *NSS Day* using this as a theme. The whole event was structured in a way so as to spread awareness on this topic amongst the youth and to sensitise people so that they are able to understand and help the victims and further give more confidence to the sufferers to speak about it openly.



Mr. Mabood, our guest speaker from Snehi Foundation, used a PowerPoint presentation as a tool to advocate elaborate knowledge on the subject. Understanding of how to deal with the situation of mental problem in oneself or in others and what language to use in order to comfort the victim were given special attention.

The program then went on to another cheerful note with the display of *Nukkad Natak* on the same issue, the broad minded and extrovert approach of the drama created a great impact on the audience. This was followed by *Poster Making Competition* and "Open mic Competition".



Martyr's day

Martyrs day is celebrated in on **March 23** every year to pay tributes to the people who had lost their lives in the struggle for India's independence

Activity report link:

http://www.svc.ac.in/SVC_MAIN/NSS/NSS_Activity_Reports/2019-20/Martyr's%20Day.pdf

Constitution Day

In response to the mandate received from GOI and UGC, to celebrate the Constitution Day or Samvidhan Divas on 26 November 2020, various activities were planned. The basic idea was to spread awareness among the college students in regards to the constitutional values.

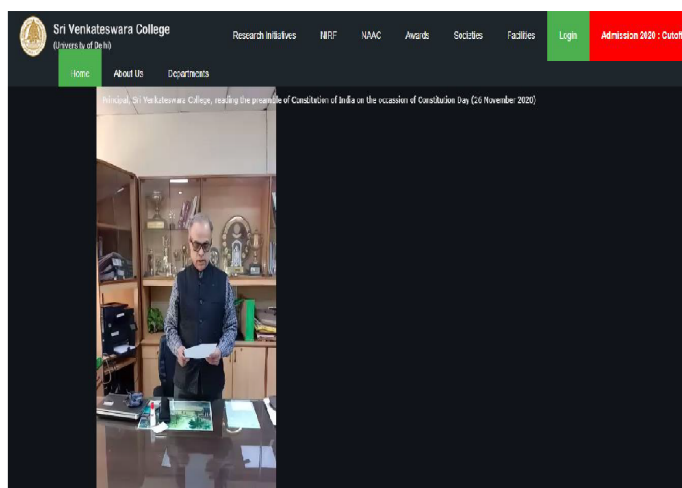
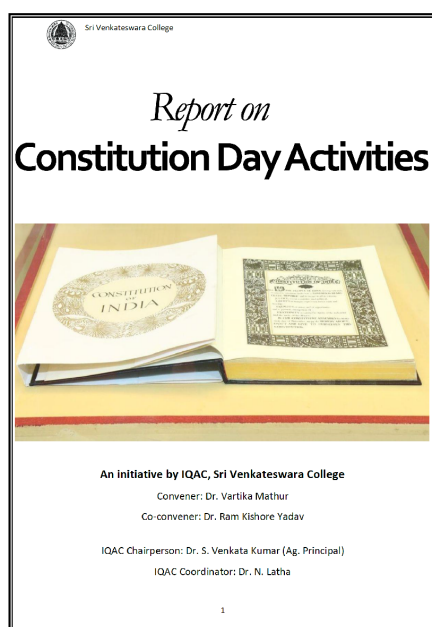


Figure 3: Screenshot of the video uploaded on the college website.

The activities began with the reading of the Preamble of the Indian Constitution by our Hon'ble principal Dr. S. Venkata Kumar. The recorded video was then widely spread among the teaching staff, non-teaching staff and the students of the college via social media. The video was also uploaded on the college website to make it accessible to an even larger audience (<http://svc.ac.in/video/Preamble.mp4>).

Link : <http://svc.ac.in/video/Preamble.mp4>

National Unity Day and Day of Democracy

Activity report link:

http://www.svc.ac.in/SVC_MAIN/NSS/NSS_Activity_Reports/2019-20/Unity%20Day.pdf

http://www.svc.ac.in/SVC_MAIN/NSS/NSS_Activity_Reports/2018-19/National%20Unity%20Day%20or%20Rashtriya%20Ekta%20Diwas.pdf

http://www.svc.ac.in/SVC_MAIN/NSS/NSS_Activity_Reports/2018-19/Day%20of%20Democracy.pdf

National Unity day is celebrated on 31st October to mark the birth anniversary of Sardar Vallabhai Patel. A talk was organized by NSS SVC and invited renowned social activist Sarpanch Shyam Sundar Paliwal, who has done commendable work in the field of community building, environment & empowerment of women and people with disabilities.

WORLD CLEANUP DAY

Activity report link:

http://www.svc.ac.in/SVC_MAIN/NSS/NSS_Activity_Reports/2018-19/WORLD%20CLEANUP%20DAY.pdf

On 15th September 2018, NSS-SVC, along with students of Sri Venkateswara college participated in the World Cleanup Day which is the world's biggest civic movement that includes over 150 countries. Various colleges of Delhi and independent NGO's held hand in hand.

Event location was Kudasiya ghat, Monestary market near Kashmiri gate, Old Delhi. The event started by Registrations and distributions of Gloves and Face masks along with Tshirts and caps by AIESEC members. We all gathered around for a group picture and picked up our plastic bags and went near the ghat to start with the cleaning session.



YOGA DAY

The International Day of Yoga has been celebrated annually on 21 June

Activity report links:

http://www.svc.ac.in/SVC_MAIN/IOAC/IOAC%20Activity/SVC_PE_2021Yoga.pdf

http://www.svc.ac.in/SVC_MAIN/NSS/NSS_Activity_Reports/2017-18/International%20%20Yoga%20Day.pdf

http://www.svc.ac.in/SVC_MAIN/NSS/NSS_Activity_Reports/2020-21/International%20Yoga%20Day.pdf



Glimpse from yoga day activities

DEPARTMENT OF PHYSICAL EDUCATION
SRI VENKATESWARA COLLEGE, UNIVERSITY OF DELHI
UNDER THE AEGIS OF IQAC (NAAC ACCREDITED GRADE 'A')

ORGANIZES
**A WORKSHOP ON
INTERNATIONAL YOGA DAY**
Eminent Speakers:

DR. RAVI KUMAR SHASTRI
Assistant Professor
Department of Yoga Science
Central University, Haryana

DR. JASBIR SHASTRI
Assistant Professor,
Department of Yoga Science,
Shri Kalla Ji Vedic University

JUNE 21, 2021 11AM - 12PM PLATFORM: ZOOM

E-certificates will be awarded to all

Open for SVC students, Teaching and Non-Teaching Staff and their Families

Registration Link:
<https://forms.gle/XE3uycbAbC8wAUuBA>

Dr. Narendra Gaur
Head, Physical Education

Dr. N. Latha
Convener, IQAC

Dr. Kameshwar Sharma
Convener, Sports Committee

Prof. C. Sheela Reddy
Principal SVC

Let's keep our Yoga Mats ready!

T T D Sri Venkateswara Colle...
@TTDSVCDU

Department of physical education is organizing a workshop on International Yoga Day under aegis of IQAC on 21 June 2021 at 11:00 AM.

10:14 AM · Jun 19, 2021 · Twitter Web App

8 Likes



The International Yoga day on 21st June ,2021 was celebrated with the two eminent yoga instructors Dr. Ravi Kumar Shastri, Assistant Professor, Department of Yoga Science, Central University of Haryana, Haryana and Dr. Jasbir Shastri Yogacharya. Assistant Professor, Department of Yoga Science, Shri Kalla Ji Vedic University.

Testimonials:

- I joined the Photography and Videography Team with absolutely no knowledge of the two but a strong will and desire to learn. During the first task, I made my first 15s video with which I was satisfied and happy. After two days, I all by myself made a 4:23 min video for my sister's birthday and it turned out to be amazing! My short experience at the team has made me learn a lot and I'm looking forward to mastering these skills!
-Tushita Agrahy, Videography Team
- After joining Pustak I realised the real meaning of Sharing is Caring. How seniors share their books with juniors, with the feeling "The one who will study it should get the best score". This dedication towards the creation of Book Bank makes me nostalgic and memories. It's a lovely feeling to share both your books and knowledge. I am proud of the work we do at Pustak and hope to continue and raise the bar.
- Paridhi, Project Pustak
- My experience in Project Pustak has been full of learnings. Being a member of this team provided me with an opportunity to collect and prepare the study material for students. Besides helping them in academics, we also like story books and colouring books with them. Despite the lockdown, the team didn't stop and discovered new opportunities and embarked on creating E-books. Lastly, I'm glad to be a part of this supportive team where everyone is compassionate towards each other creating a positive working environment.
-Vanishka, Project Pustak
- I was clueless about even the basics of Graphic designing, but after I joined the team, I was made aware about the right techniques of Graphic Designing as well as some lesser known tips and tricks used in it. It developed my interest and I couldn't stop myself from exploring Canva whenever I got a spare minute. Overall experience much better than expected.
-Riya Bindra, Graphic Designing Team Member
- It has been my absolute honour to serve as the Head of Photography and Videography Team. This designation has helped me brush up my skills with every new task. I learned to deal with new challenges, I was fortunate to have such wonderful & hardworking volunteers alongside me, who had the zeal to learn and work upon every allotted task with the utmost perfection. Thank you NSS SVC for such an enthralling experience.
- Shristy Agarwal, Head of Photography & Videography team

EVENTS

Yoga Session

ON THE OCCASION OF International Yoga Day

PRESENTS

IN COLLABORATION WITH YOGA SOCIETY SVC

DATE - 21 JUNE 2020
TIME - 9:30 AM
PLATFORM - GOOGLE MEET

Programme Officer: Dr. Punam Sood

For further enquiries: Geetish - +916239604499

YOGA SESSION

On 21st June, 2020, NSS SVC conducted an "Online Yoga Session" in collaboration with the 'Yoga Society' of our college. The aim behind the session was solely to aware people about the benefits of yoga and how everyone should practice it daily. The session started with a brief note on Yoga, its history and its importance. Further the members of Yoga Society demonstrated nineteen simple asanas to the audience and motivated them to add these asanas in their daily practices. The session was indeed a success as it inspired the audience to do Yoga, as a path to discipline their minds and reduce the rate of health challenging diseases.

SESSION WITH MR. RIJUL ARORA (Healthy Relationship With Technology)

On 11th July, 2020, a webinar was conducted on the topic "Healthy Relationship with Technology" by Rijul Arora. The webinar emphasized on what one can do beyond technology. Rijul sir gave examples like going for solo trips, writing articles, learning a new skill, learning how to play musical instruments, etc. To use technology in a healthy way, he suggested becoming a healthy consumer and producer, by learning technology well and communicating or working together with family & friends on screen. Sir also sensitized on how to have a secure online networking. He recommended maintaining strong passwords, research before using any site, having appropriate security tools and most importantly to think twice before doing anything online, from sign up to new sites to purchasing goods and services. Overall, the session was insightful and full of takeaways and at the end sir gave the audience valuable advice to use technology to supplement our lives rather than substituting it.

ENVIRONMENT related activities

WORLD OZONE DAY

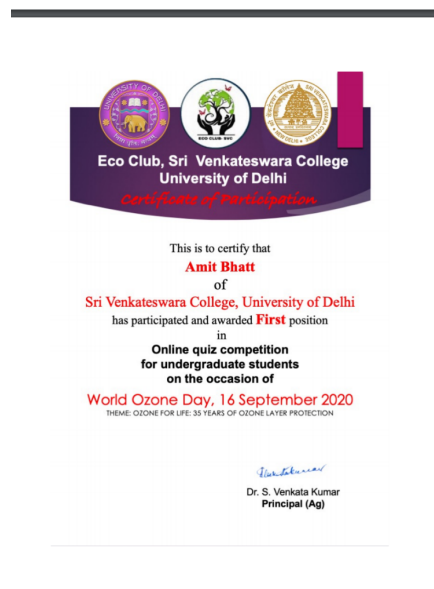
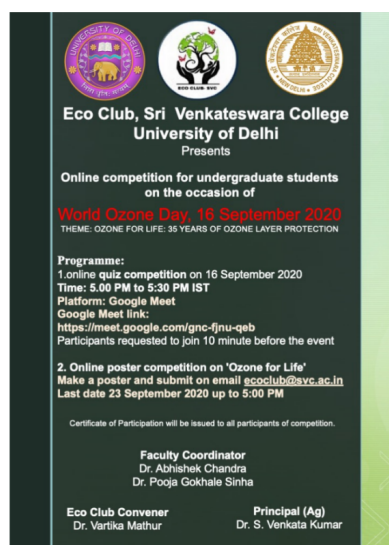
- A webinar was conducted to mark the **World Ozone Day** on 16th September, 2020 during which an online quiz competition was conducted.

Link for complete activity report

http://svc.ac.in/SVC_MAIN/Societies/EcoClub/2019-20/SVC%202019-20%20ECOC LUB%20AC%206.pdf

Glimpses of the event :

Online competition for undergraduate student on the occasion of World Ozone Day, 16 September 2020 Theme: Ozone for Life: 35 years of Ozone Layer Protection



Students participated in the event and gained new insights and knowledge related to Environmental issues Also participated in the competitions organized

Activity report link:

http://svc.ac.in/SVC_MAIN/Departments/EnvironmentSci/TeacherActivityReports/2017-18/SVC%202017-18%20EVS%20RS%202.pdf

- Under the aegis of Bharat ka Amrut Mahotsav, MoEFCC, Earth Day was celebrated on 22nd April, 2021 in online mode. Two talks were scheduled for the day, which were delivered by Dr. Mehendiran Mylswamy, Senior Scientist, SASCON, Tamil Nadu, and

Ms. Aditi Sharma, Associate Producer, Riverbank Studios. Poster making competition was also conducted

EARTH DAY

- Know your Wetlands “**Commemorating Earth Day 2021**” Generated wetland awareness and insights about its Importance among the attendees. Lecture was delivered by Dr. Manehdiran Mylswamy (Senior Scientist, Wetland Ecology Division, SACON) on “Wetland Birds and Conservation & Management of Wetlands”, which provided insightful details about the significance of Wetland Conservation and how it supports a vast majority of our Avian Diversity.

Activity report link:

http://svc.ac.in/SVC_MAIN/Societies/EcoClub/2020-21/SVC%202020%2021%20EVS%20RS%201.pdf

