

NSS DAY

"Pagal nahin ,bimar tha"- as a quote stands very true and strong in the context of Mental Health. To bring light to this crucial yet sensitive issue NSS SVC conducted its most awaited event *NSS Day* using this as a theme. The whole event was structured in a way so as to spread awareness on this topic amongst the youth and to sensitise people so that they are able to understand and help the victims and further give more confidence to the sufferers to speak about it openly.

The event begun with the melodious singers singing the NSS Anthem along with the lamp lighting ceremony. It was chaired by the College Principal Dr. P. Hemalatha Reddy, NSS program officer Mr R. K. Yadav and Mr Abdul Mabood.

Mr. Mabood, our guest speaker from Snehi Foundation, used a PowerPoint presentation as a tool to advocate elaborate knowledge on the subject. Understanding of how to deal with the situation of mental problem in oneself or in others and what language to use in order to comfort the victim were given special attention.

The program then went on to another cheerful note with the display of Nukkad Natak on the same issue , the broad minded and extrovert approach of the drama created a great impact on the audience.

This was followed by *Open Mic Competition* wherein the contestants became a powerful source of information through their poems full of experiences and over comings. A Poster Making Competition again added to the spirit of the event. The winners of both the competitions received lovely gift hampers and certificates.

The participation of students, enthusiasm of teachers and audience and the will and hard work of NSS SVC as a team indeed made 24th September 2019 a memorable day for everyone.













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