



Tirumala Tirupati Devasthanams

శ్రీ వేంకటేశ్వర కళాశాల

**Sri Venkateswara College**

(University of Delhi)

NAAC Grade A+

**SRI VENKATESWARA COLLEGE  
(UNIVERSITY OF DELHI)**

**EVENT REPORT**

<b>NAME OF THE EVENT:</b> Saksham Mahila Saksham Samaj			
<b>DATE</b>	<b>DEPARTMENT</b>	<b>COMMITTEE/SOCIETY</b>	<b>COORDINATORS' NAME</b>
22/09/2023	NSS SVC	NSS	Dr. Jitendra V. Kalra
<b>TIME</b>	<b>VENUE</b>	<b>NUMBER OF PARTICIPANTS</b>	<b>NATURE: Outdoor/Indoor; online/offline/hybrid</b>
10:00 am onwards	Singapore Embassy Park	29	Outdoor; offline
<b>FINANCIAL SUPPORT/ASSISTANCE (if any):</b>			

**BRIEF INFORMATION ABOUT THE ACTIVITY**

<b>TOPIC/SUBJECT OF THE ACTIVITY</b>	Awareness Session On Menstrual Hygiene
<b>OBJECTIVES</b>	<ol style="list-style-type: none"><li>1. To educate and raise awareness about menstruation among the females of Sanjay Camo.</li><li>2. To eliminate stigma and encourage open discussions on menstruation.</li><li>3. To provide menstrual hygiene support through pad distribution.</li></ol>
<b>METHODOLOGY</b>	<ol style="list-style-type: none"><li>1. Interactive Session: A structured interactive session was conducted in Sanjay Camp to encourage attendees to actively participate, ask questions, and share their experiences.</li><li>2. Distribution Plan: A distribution plan was put in place to efficiently distribute the menstrual pads to all attendees.</li></ol>
<b>INVITED SPEAKERS WITH AFFILIATION DETAILS (IF ANY)</b>	Speakers from Pinkshie Foundation

<b>OUTCOMES</b>	<p>The event achieved its objectives by educating, breaking barriers, and providing practical support attendees walked away with a deeper understanding of menstruation, dispelling long-held misconceptions and taboos. The interactive discussions provided a safe space for individuals to share their concerns and experiences, fostering a sense of empowerment.</p> <p>The distribution of menstrual pads not only addressed an immediate need but also symbolized a commitment to menstrual hygiene and well-being within the community. It was heartening to witness the smiles on the faces of those who received the pads, knowing that this simple act would contribute to their health and dignity.</p>
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**PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):**

1 Notice & Letters	2 Number of Participants & Name of participants ✓	3 Video clip	4 Photos ✓	5 Feedback Form & analysis
6 News clip with details	7 Sample Copy of the Certificate ✓	8 Posters/ Invites ✓	9 Event report Attested by Event Coordinator & IQAC Coordinator ✓	10 Any other document

IQAC Document No: IQAC/SVC/2023-2024/NSS/08	Criterion No: II and VII
Departmental file no: NSS/2023-2024/NSSSOC/08	IQAC file No: SVC/2023-24

NAME OF TEACHER & SIGNATURE	NAME OF HEAD/ COMMITTEE INCHARGE & SIGNATURE	IQAC COORDINATOR (SEAL & SIGNATURE)
Dr. Jitendra V. Kalra	Dr. Jitendra V. Kalra	Prof. Swarn Singh

#### For Reference

Criterion I	Curricular Aspects (planning & Implementation)	Criterion V	Student Support & Progression
Criterion II	Teaching Learning & Evaluation	Criterion VI	Governance
Criterion III	Research, Innovations & Extension	Criterion VII	Institutional Values & Best Practices
Criterion IV	Learning Resources and Infrastructure		

#### REPORT

The Project Astitva session at Sanjay Camp was successful in achieving its objectives. By addressing the topic of menstruation through education, open discussions, and pad distribution, we took a significant step toward breaking the stigma and ensuring menstrual hygiene for all.

The distribution of menstrual pads served as a tangible act of care and support, ensuring that individuals in need had access to essential menstrual hygiene products. Beyond immediate relief, this event catalyzed a transformative empowerment, emboldening community members to embrace their bodies and challenge societal norms. It set in motion a cultural shift, with lasting effects on how menstruation is perceived and managed, ultimately contributing to improved overall well-being.



# PHOTOGRAPHS





## PERMISSION

To  
The Principal  
Sri Venkateswara College  
University of Delhi  
Date: 12th September, 2023

Permitted  
15/9/23

Subject: Seeking permission to conduct NSS Day Celebrations from 15th September, 2023 to 26th September, 2023 on the occasion of 54th NSS Day.

Respected Madam,  
This is to inform you that National Service Scheme of Sri Venkateswara College (NSS-SVC) is planning to conduct a celebration from 15th September to 26th September on the occasion of NSS Day.  
The planner for the week-long celebration is as follows -

Day 1 (15th September, 2023) - Project Kestak will be conducting a story-telling session at 'The Constitution for the Blind Adarsh Patel' for blind students. The event will be called 'Kahaniya ki Mehfil'.

Day 2 (17th September, 2023) - Project Each one Teach will be conducting an interactive session at Singapore Embassy Park, Chanakya Park. The event is called 'Kasti ki Pathshala'.

Day 3 (21st September, 2023) - Project Rahal will be conducting a financial literacy seminar for the people of Sangar Camp at Singapore Embassy Park, Chanakya Park. Project Poshan will be conducting a ration distribution drive for the people of Sangar Camp at Singapore Embassy Park along with a BMI measurement session.

Day 4 (24th September, 2023) - Project Artista will be conducting a session on women's health & need by a 'Rat distribution drive' at Singapore Embassy Park in collaboration with Leo Club.

Day 5 (26th September, 2023) - A celebration will be organized in the college campus for the students by NSS. The event will be conducted near the main lobby stairs and Rock Garden. Stalls will also be set up at and near main lobby and Rock Garden. Games will be conducted in Rock Garden. Music and sound system will also be set. The area will also be decorated for the same. A march around the whole campus of the college will take place at the beginning along with 'NSS-claps'. The event will be held from 10:00 am to 5:00 pm.

NSS-Day is an event that revolves around bringing smiles on the face of people, therefore, we request you to kindly grant us the permission for the above mentioned requirements and events. We look forward to your approval and support.

Thanking You.

Regards,  
Dhanishtha Kaushik  
President  
National Service Scheme  
Sri Venkateswara College.

(Dr. Sitendra V. Khar)

## ATTENDANCE

NAMES	HOURS OF PARTICIPATION
Aditya Mishra	3.5
Adrija Jana	1
Anupriya kumari	0.5
Arun Kumar Mahilane	4.5
Aryavart Ahlawat	5.5
Chahat Kumar Pal	0.5
Dev Aggarwal	4.5
Dhanshika Kaushik	6
Gaurav	0.5
Maseera Shaik	6
Naivedya Kumar Singh	5.5
Nayantara	2.5
Nishtha Chaudary	5
Parkhi Juneja	0.5
Priyanshu Yadav	4.5
Pushpanjali	5
Sabhya Mishra	1.5
Sachin Singh Sikarwar	6
Sanjana Bisht	2
Sanvi Manchanda	4.5
Shambhavi Dixit	6
Shanu Pandey	4.5
Shreya kaushal	4.5
Shruti Bhargav	0.5
Sneha khatri	4.5
Sreethu V S	4.5
Srijan Bhargava	4
Tripti Shingare	5.5
Utkarsh Prakash	5.5
Vidushi Kokcha	1
Yashasvi Singh	3





Tirumala Tirupati Devasthanams

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## **CERTIFICATE**

This is to certify that the "Saksham Mahila Saksham Samaj" was successfully conducted on 22.09.2023 from 10:00 am to 12:00 pm by National Service Scheme in the Offline mode <sup>at Sanjay Camp</sup> and its event report has been submitted to IQAC for records.

Event In-Charge

**IQAC Coordinator**  
Coordinator, IQAC  
Sri Venkateswara College  
(University of Delhi)  
Dhaura Kuan, New Delhi-110021

Principal

PRINCIPAL (Acting)  
Sri Venkateswara College  
(University of Delhi)  
Dhaura Kuan, New Delhi-110021