



Tirumala Tirupati Devasthanams

శ్రీ వేంకటేశ్వర కళాశాల

**Sri Venkateswara College**

(University of Delhi)

NAAC Grade A+

**SRI VENKATESWARA COLLEGE  
(UNIVERSITY OF DELHI)**

**EVENT REPORT**

NAME OF THE EVENT: ABUSIVE RELATIONSHIP			
DATE	DEPARTMENT	COMMITTEE/SOCIETY	COORDINATORS' NAME
2 November 2022		Empathise- Mental Health Club	Dr. Ritika Singh
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE: Outdoor/Indoor; online/offline/hybrid
12:00 - 2:00 p.m.	Seminar Hall	101	Indoor; Offline
FINANCIAL SUPPORT/ASSISTANCE (if any):	Honorarium provided to the speaker by the Hindi Debating Society		

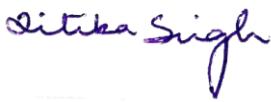
**BRIEF INFORMATION ABOUT THE ACTIVITY**

TOPIC/SUBJECT OF THE ACTIVITY	Topic - ABUSIVE RELATIONSHIP
OBJECTIVES	To understand and be aware of abuse in relationships, not only physical but mental and emotional as well.
METHODOLOGY	Dr Itisha Nagar used the examples from movies and daily life situations of people who've encountered abuse in their lives.
INVITED SPEAKERS WITH AFFILIATION DETAILS ( IF ANY)	Dr. Itisha Nagar is an assistant professor of Psychology at Kamla Nehru College, University of Delhi and has published various papers in reputed journals in areas of namely clinical and gender psychology.
OUTCOMES	Participants became more aware of abuse, red and green flags and consent in relationships.

**PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):**

1 Notice & Letters	2 Number of Participants & Name of participants	3 Video clip	4 Photos	5 Feedback Form & analysi s
6 News clip with details	7 Sample Copy of the Certificate	8 Posters/ Invites	9 Event report Attested by Event Coordinator & IQAC Coordinator	10 Any other document

IQAC Document No: IQAC/SVC/2022-2023/EMP/02	Criterion No: V
Departmental file no: EMP/2022-2023/EMPSOC/02	IQAC file No: SVC/2022-23

NAME OF TEACHER & SIGNATURE	NAME OF HEAD/ COMMITTEE INCHARGE & SIGNATURE	IQAC COORDINATOR (SEAL & SIGNATURE)
Dr. Ritika Singh 		

## For Reference

Criterion I	Curricular Aspects (planning & Implementation)	Criterion V	Student Support & Progression
Criterion II	Teaching Learning & Evaluation	Criterion VI	Governance
Criterion III	Research, Innovations & Extension	Criterion VII	Institutional Values & Best Practices
Criterion IV	Learning Resources and Infrastructure		

## REPORT

Empathise - The Mental Health Club of Sri Venkateswara College held its second offline event, a speaker session on the topic "ABUSIVE RELATIONSHIP" by Dr. Itisha Nagar on 2nd November 2022. Dr. Itisha Nagar is an associate professor of psychology at Kamla Nehru College, University of Delhi.

In the Delhi University community, Dr. Itisha Nagar is well-known for her strong opinions and commitment to raising awareness of issues like mental health, gender, and feminism via countless seminars and lectures in colleges and universities. Her most recent area of study is neurodiversity, and in her spare time, she uses social media to make psychological jargon understandable. The speaker session began with Empathise's convenor Dr. Ritika Singh addressing the event.



**Empathise Convener, Dr. Ritika Singh addressing the event**

This was followed by felicitation of the speaker and presenting her with a planter by Empathise Convenor Dr. Ritika Singh.



**Dr. Itisha Nagar being facilitated by the convener of Empathise, Dr. Ritika Singh**

Dr Itisha Nagar started the session by talking about relationships nowadays and how abusive relationships consist of both physical abuse as well as mental abuse and talking about how emotional abuse is much more harmful and has long depressing effects than physical, it is something which cannot be seen but exists.



**Dr Itisha Nagar begins her talk on Abusive Relationship**



By drawing a wide comparison between two films(Kabir Singh and Queen), Dr.Itisha identified a paradigm in Bollywood's romanticization of violent relationships. Dr Itisha moved forward to talk about various green flags and red flags in a relationship and talks on a very important matter that relationship is supposed to be something where both feels as if they are at home that comfortability and safe feel. Dr Nagar, clearly stated all the implications one faces being during an abusive relationship and how one is not even able to distinguish between healthy and unhealthy, just so because of one being taught to be resilient which leads to inability in distinguishing between injustice and justice. This was crucial in helping pupils understand what is right and wrong in relationships.



**Dr. Itisha giving examples of how movies play an important role in romanticizing abusive relationships**

Prior to the conclusion, there was a Q & A session when several students actively expressed the problems they are now suffering or have seen their friends to be experiencing.



**Audience of the event**





**Team Empathise with speaker Dr. Itisha Nagar and convener Dr. Ritika Singh**





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### PERMISSION FOR ORGANIZATION OF EVENTS

NOTE: 1. Please ensure that the completion certificate of the event is physically signed by the Convener of the event, IQAC Coordinator and Principal after the event report is made.  
2. Please ensure a pre booking of the venue before getting the permission letter signed.  
3. A copy of this duly filled form signed by the TIC/ Convener and Principal shall be submitted to ICT, Caretaker, IQAC Coordinator, Dr. Arpita Kaul for commerce, NSS, NCC, Placement and Sports events, Dr. Neelesh for humanities events, Dr. P. Jayaraj for sciences events (mails mentioned in SOP)

### EVENT DETAILS

1. Name of the Department/Society /Association: Empathise
2. Name of the TIC/Convener (if any): Prof./Dr./Mr./Ms. Ritika Singh
3. Nature of Event: Seminar/Conference/Symposium/Workshop/FDP/Public or skillenhancement/others: Abuse in relationships! Seminar
4. Participants: Student-centric /Faculty/Both
5. Event Type: Offline/Online/Hybrid: Indoor/Outdoor
6. Collaborating Agency /Organization: -
7. Proposed Title of the Event: Abuse in Relationships
8. Tentative List of Speakers with affiliations: Dr. Isha Nigam  
Kamla Nehru College, Department  
of Psychology
9. Date, Time from to : November 02, 11:00 AM TO 2:00 PM  
October 31, 12:30 PM TO 2:00 PM
10. Financial Assistance/ Funding received (if any): Honorarium for speaker  
from debating society  
Hindi
11. Proposed Budget (please attach details in a separate enclosure): -
12. Faculty responsible for Geo Tagged Pictures: Dr. Ritika Singh
13. Faculty responsible for Event Report: Dr. Ritika Singh
14. ICT support required, if any (ICT Lab, Laptop, LCD projector): mic set, projector

15. Caretaker support required (tables, chairs, public addressing system, sanitation, manpower assistance) ✓

16. Room requirement (Seminar/ any other) Seminar Hall

Ritika Singh

Name & Signature of TIC/Convener

DR. RITIKA SINGH  
DEPT. OF ENGLISH

Date: 15/10/22

C. Jaisa Rao  
Signature of Principal

Date: 21/10/22

Permission for the session



EMPATHISE - OFFICIAL MENTAL HEALTH CLUB  
SRI VENKATESWARA COLLEGE  
PRESENTS

## Session On **ABUSIVE RELATIONSHIPS**



- Dr. Itisha Nagar is an assistant professor of Psychology at University Of Delhi.
- She has published various papers in reputed national and international journal.
- Dr. Nagar has been actively invited for numerous lectures for her strong views and active involvement .
- Neurodiversity is one of her most recent area of interest. In her free time she enjoys using the tool of social media to make psychology jargons accessible.

JOIN US



**2 NOV '22**  
12 PM to 1PM



**Seminar Hall**



**Dr. Itisha Nagar**

Poster for the session

## Attendance



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### ATTENDANCE SHEET

TITLE OF THE EVENT: Seminar on Abusive Relationships by Dr. Itisha Nagar

DATE OF THE EVENT: 2<sup>nd</sup> November 2022

NAME OF THE DEPARTMENT/ SOCIETY: Empathise- Mental Health Club

NAME OF THE EVENT COORDINATOR: Dr. Ritika Singh

S.NO.	NAME OF THE STUDENT	ROLL NO. OF THE STUDENT	COURSE AND YEAR	SIGNATURE
1	Mrudhita	1121137	Life Sciences (H)	Mrudhita
2	Yashika Monkon	0121106	B.A. prog.	Yashika
3	Aadya Rej	1521115	BSC Chem.	Aadya
4	Roopam	1721071	BSC Math (H)	Roopam
5	Kriti Kukal	821019	BA (H) Sociology	Kriti
6	Tanvi Sharma	821035	BA (H) Sociology	Tanvi
7	Atika Gang	4121113	BSC(P) Life Sci	Atika
8	Gurumaran	1121128	"	Gurumaran
9	Kaya Dilshad	1121163	"	Kaya
10	Saumyajit	1021062	B. Com (H)	Saumyajit
11	Riya	1021152	B. Com (H)	Riya
12	Shreya VS	1021109	B. Com (H)	Shreya
13	Avanya Ahuja	1320005	Bsc (hon) Bio Science	Avanya
14	Tashu	0121072	BA Polog	Tashu
15	Neha Ghosh	1021123	B. Com (Hons)	Neha
16	Sakshi Mehra	1120037	B.Sc Botany (Hons)	Sakshi
17	Divanshu	1120014	B.Sc (Life Sci.)	Divanshu
18	Vanshika	1120049	B.Sc (Life Sci.)	Vanshika
19	Shreya Talreja	1220005	B.Sc (Hon) Bio Chem	Shreya
20	Gurudhi	1121117	BSC(P) Life Science	Gurudhi
21	Shivani	1121136	BSC(P) Life Sci.	Shivani
22	Saharshi	1121164	BSC(P) Life Sci	Saharshi
23	Aman Kt.	1021017	B. Com (H)	Aman
24	Riddam Kapur	1721047	BSC Maths H	Riddam
25	Naina Goel	1121018	BSC (Life Sci)	Naina
26	Shubham Das	1121095	BSC (Life Science)	Shubham
27	Sanchi Sibal	1121082	BSc Life Science	Sanchi
28	Preshant Kumar	1620007	BSc (Electronics)	Preshant
29	Ma Samanullah	1720006	B.Sc (H) Biochemistry	Ma Samanullah
30	Dhruv Sharma	1120078	BSC (Life Science)	Dhruv
31	Manojit Kanuja	0421028	B.A. Sans. Hons	Manojit
32	Sanskrit Kumar	0621031	BA-HISTORY HON.	Sanskrit
33	Atabhya Pandey	0621003	BA-HISTORY HON.	Atabhya
34	Faqeer Khandhar		B.A. HIST HON.	Faqeer
35	Padmima		BA-Hist. Hons.	Padmima



S.No	Name	Roll No.	Course	Signature
36.	Karen Daswedi	621021	BA (Hons) History	Karen Daswedi
37.	Raghav Khandwal	0621027	BA (Hons) History	Raghav
38.	Dhruvi Sharma	621045	BA (Hons) History	Dhruvi
39.	Mamta	0921093	B. Com Prog.	Mamta
40.	Jayanti	0621020	BA (Hons) History	Jayanti
41.	Priya	1421033	BSc (Hons) Botany	Priya
42.	Sukirti	1421045	BSc (Hons) Botany	Sukirti
43.	Anubha Chadani	1421012	BSc (Hons) Botany	Anubha
44.	Aditi Raj	1421002	BSc (Hons) Botany	Aditi Raj
45.	Priyanka	1421022	"	Priyanka
46.	Ananya	1421050	"	Ananya
47.	Vaishnavi	1421049	"	Vaishnavi
48.	Aarushi Singh	1121057	BSc (P) Life Science	Aarushi
49.	Kritika Sharma	1221020	BSc (H) Biochemistry	Kritika
50.	R. Shameem	1221057	BSc (H) Biochemistry	R. Shameem
51.	Sania Yadav	1721040	BSc (H) Maths	Sania
52.	Anshu Yadav	0421008	Ba. Sans (Hons)	Anshu Yadav
53.	Kamran Gupta	1721036	B. Sc (H) Math	Kamran
54.	Mihir Chandan	1721014	B.Sc (H) Maths	Mihir
55.	Harysha	0121232	BA Prog	Harysha
56.	Vibhav Vatsa	1721027	B.Sc (H) Maths	Vibhav
57.	Vansh Arora	1721069	B.Sc (H) Math	Vansh
58.	Ananya Khatotra	1721028	BSc (H) Math	Ananya
59.	Soham Sharma	1721050	BSc (H) Maths	Soham
60.	Bhadracharya Jagde	121268	BA Prog	Bhadracharya
61.	Praveen Prakash	0121062	BA Prog	Praveen
62.	Shiva Sai	0121153	BA Prog	Shiva
63.	Saumya Satija	0921033	B. Com Prog.	Saumya
64.	Lokesh	0921017	B. Com Prog.	Lokesh
65.	Saksham	0921040	B. Com Prog.	Saksham
66.	Lipsa Kar	0221024	BA English Hons	Lipsa
67.	Neeta Upadhyay	0221028	BA English Hons	Neeta
68.	Jaya Garg	0221021	BA English Hons	Jaya
69.	Simran Tamskar	0221057	BA Eng. Hons	Simran
70.	Ananya Bhattacharya	0221007	BA Eng Hons	Ananya
71.	Tulika Singh	0421048	BA Sanskrit Hons	Tulika
72.	Vanshika Bhandari	1121076	B.Sc. Life Sciences	Vanshika
73.	Baisakhi	0421011	BA Sanskrit Hons	Baisakhi
74.	Kaberi	0421024	BA Sanskrit Hons	Kaberi
75.	Athira Murali	0921203	B.com (P)	Athira
76.	Yogesh	1121129	BSc (P) Life Sciences	Yogesh
77.	Riya Bisht	1121078	BSc (P) Life Sciences	Riya
78.	Aadhy Pratheesh	1121094	BSc (P) Life Sciences	Aadhy
79.	Mool Chandra	0421027	BA Sanskrit Hons	Mool Chandra
80.	Gagan Deep Singh	1721084	BSc (H) Maths	Gagan
81.	Rupashi Bhat	1121124	BSc Life Sc.	Rupashi
82.	Vishaljeet Singh	0521073	BA (H) Economics	Vishaljeet
83.	Kavya Tomar	1721046	B.Sc (H) Maths	Kavya
84.	VYAPTI JHA	1721061	BSc (H) Maths	Vyapti
85.	Niharika Garg	1721049	BSc (H) Maths	Niharika

No.	Name	Roll No.	Course	Sign
87.	Ashita	1021091	B.Com (H)	<u>Ashita</u>
88	Anjali dutta	1421009	BSc Botany (H)	<u>Anjali</u>
89	Anandini Agarwal	1721024	BSc Maths (H)	<u>Anandini</u>
90	Shreyashi	0921021	Bcom (P)	<u>Shreyashi</u>
91	Hansika	0921030	Bcom (P)	<u>Hansika</u>
92	Nikita Agrawal	1721067	BSc (H) Maths	<u>Nikita</u>
93	Ashmit Singh	1721034	BSc (H) Math	<u>Ashmit</u>
94	Shivansh Singh	1021045	BSc (H) Bcom	<u>Shivansh</u>
95	Kashish	-	BSc LS, DRC	<u>Kashish</u>
96	Darshini	1120033	BSc Life Science	<u>Darshini</u>
97	Tilak raj	2021035	BSc. Hons. zoology	<u>Tilak</u>
98	RAJA	0319006	B.A Hindi Hons	<u>RAJA</u>
99	Narasimhan	1121131	BSc Life Science	<u>Narasimhan</u>
100	Yakta	220041	B.A. Eng hons	<u>Yakta</u>
101	Goutam	1021018	Bcom Hons	<u>Goutam</u>





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## **CERTIFICATE**

This is to certify that the Session on Abusive Relationship was successfully conducted on 2nd November 2022 from 12:00 PM to 2:00 PM by Emapthise - The Mental Health Club in the Offline mode and its event report has been submitted to IQAC for records.

*Alitika Singh*

Event In-Charge

*[Signature]*

IQAC Coordinator

Coordinator, IQAC  
Sri Venkateswara College  
(University of Delhi)  
Dhaura Kuan, New Delhi-110021

*C. Shula Reddy*

Principal

PRINCIPAL  
Sri Venkateswara College  
Dhaura Kuan, New Delhi-110021

**Certificate**