

SRI VENKATESWARA COLLEGE (UNIVERSITY OF DELHI)

EVENT REPORT

NAME OF THE EVENT: Board Activity “Joy Looks Like...”			
DATE	DEPARTMENT	COMMITTEE/SOCIETY	COORDINATORS' NAME
25-3- 2026	—	Empathise: The Mental Health Society (Health & Hygiene Committee)	Dr. Ritika Singh Dr. Chetan(H&H)
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE: Outdoor/Indoor; online/offline/hybrid
11am to 2 pm	Canteen	76	Outdoor/ Offline
FINANCIAL SUPPORT/ ASSISTANCE (if any):	—		

BRIEF INFORMATION ABOUT THE ACTIVITY

TOPIC/SUBJECT OF THE ACTIVITY	“Joy Looks Like...”
OBJECTIVES	Create a space of joy and calm in the midst of a busy college day and provide students with much needed respite.
METHODOLOGY	Using post it notes, we asked students to write what happiness for them was. Further, in our table activity, we encouraged them to write whatever emotions they have been holding on to and feel relieved.
INVITED SPEAKERS WITH AFFILIATION DETAILS (IF ANY)	None.
OUTCOMES	Students participated with enthusiasm and shared multiple things, activities and people who bring them joy. It also helped them centre their thoughts and know what to do and whom to reach out to when they needed help in finding joy in their life.

PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

1 Notice & Letters ✓	2 Number of Participants & Name of participants ✓	3 Video clip	4 Photos ✓	5 Feedback Form & analysis
6 News clip with details	7 Sample Copy of the Certificate	8 Posters/ Invites ✓	9 Event report Attested by Event Coordinator & IQAC Coordinator	10 Any other document

Departmental file no: SVC/EMP/2025-26/March 2026/01

IQAC File No: SVC/IQAC/EMP/2025-26/March 2026

Criterion No: III,V,VII

NAME OF EVENT-IN-CHARGE & SIGNATURE:

Ritika Singh

चिंतन

Dr. Ritika Singh, Dr.Chetan(Health & Hygiene Committee)

For Reference

Criterion I	Curricular Aspects (planning & Implementation)	Criterion V	Student Support & Progression
Criterion II	Teaching Learning & Evaluation	Criterion VI	Governance, Leadership & Management
Criterion III	Research, Innovations & Extension	Criterion VII	Institutional Values & Best Practices
Criterion IV	Learning Resources and Infrastructure		

REPORT

Empathise — the mental health society of SVC , organised a board activity titled “Joy looks like...” on 25th March 2026 in the college canteen from 11 a.m. to 2:00 p.m.

In this board activity, students had to write what joy and happiness looked like for them. Using post it notes, students enthusiastically wrote down their joys. Further, we also had a table activity titled “ Write and Release” where we asked the students to write anything that they felt was holding them back. It was a successful activity with many students participating. We also organised a small game where everyone who won received a bookmark as a prize.

Several students, along with a few faculty members, participated in this board activity, making it a remarkable success.

We thank Principal Sir for allowing us to put up our board in the canteen. We also extend our thanks to the Caretaker for providing us with the board and the table required for conducting this activity.

PERMISSION LETTERS


Sri Venkateswara College
(University of Delhi)
Noida

PERMISSION FOR ORGANIZATION OF EVENTS

NOTE: 1. Please ensure a pre-booking of the venue before getting the permission letter signed.
2. A copy of this duly filled form signed by the TIC/ Convener, IQAC Coordinator and Principal shall be submitted to ICT and/or Caretaker for necessary action.
3. Please ensure that the completion certificate of the event is physically signed by the Convener of the event, IQAC Coordinator and Principal after the event report is made.

EVENT DETAILS (Health & Hygiene)

- Name of the Department/Society/Association: Empathise: THE MENTAL HEALTH SOCIETY
- Name of the TIC and/or Convener: Prof. Dr. Mr. Dr. Rishika Singh
Dr. Chabun
- Proposed Title of the Event: BOARD ACTIVITY: Joy looks like...
- Nature of Event: Seminar/Conference/Symposium/Workshop/FDP/Public or Community outreach/ Skill enhancement/other (Please specify): Outreach
- Participants: Student/ Faculty/ Other stakeholders (Please specify):
- Event Type: Offline/Online/Hybrid Indoor/Outdoor
- Collaborating Agency/Organization (If any): YOUTH FOR MENTAL HEALTH (SMITH SUPPORT)
- Tentative List of Speakers with affiliations: Yashika Sharma (Project Coordinator at YMH)
Ashwini Singh (Assistant Research Coordinator at YMH)
- Date & Time (from - to): 25 March 2026 - 11:00 AM to 1:20 PM
- Financial Assistance/Funding received (if any) (Please specify amount): N/A
- Proposed Budget (please attach details in a separate enclosure): N/A

- Faculty responsible for Geo Tagged Pictures: Dr. Rishika Singh
- Faculty responsible for Event Report: Dr. Rishika Singh
- ICT support required, if any (ICT Lab, Laptop, LCD projector): N/A
- Caretaker support required (inhaler, chairs, public addressing system, sanitation, manpower assistance): 2 Table, 4 chairs, 1 Board, 1 Board stand
- Venue requirement (Seminar hall/ Ground/other): Canteen

Dr. Chabun Convener
TIC/Convener
Date: _____
For official purpose
Comments (If any): IQAC criteria met
No compensatory attendance to students
Dr. Rishika
Principal
Date: 19/3/26

Dr. Rishika Singh
IQAC Coordinator
Date: _____

ATTENDANCE RECORD


 Tirumala Tirupati Devasthanams
 & Devoted Service
Sri Venkateswara College
 (University of Delhi)
 NAAC Grade A+

ATTENDANCE SHEET

TITLE OF THE EVENT: JOY LOOKS LIKE (Board Activity)

DATE OF THE EVENT: 25th March 2026

NAME OF THE DEPARTMENT/ SOCIETY: EMPATHISE

NAME OF THE EVENT COORDINATOR: Dr. Ritika Singh, Dr. Chetan

S.NO.	NAME OF THE STUDENT	ROLL NO. OF THE STUDENT	COURSE AND YEAR	SIGNATURE
1.	Barkhan N	0225025	Scine Est 4th	[Signature]
2.	Jande M	0225045	AD(H) Social M	[Signature]
3.	Ca. Chandra	1025012	B.A. (H) Eng	[Signature]
4.	Prasanna	0225064	B.A. English Hon	[Signature]
5.	Shweta	0225034	B.A. English Hon	[Signature]
6.	Anusha	2023015	BSc (H) Biology	[Signature]
7.	Anusha	0225055	B.A. English	[Signature]
8.	Sapthagam	2025012	Bsc. Zoology	[Signature]
9.	Vishakha	0225005	English Hon	[Signature]
10.	Prasanna	1025015	B.A. English	[Signature]
11.	Priyanka	0225004	B.A. English	[Signature]
12.	Prasanna	0225052	B.A. Eng	[Signature]
13.	Prasanna	1025002	B.A. Eng	[Signature]
14.	Jatin	0225034	B.A. English	[Signature]
15.	Jatin	0225036	B.A. Eng (H)	[Signature]
16.	Prasanna	1525071	Bsc. Chemistry	[Signature]
17.	Prasanna	0225003	B.A. English	[Signature]
18.	Prasanna	0225034	B.A. English	[Signature]
19.	Prasanna	1325028	B.A. English	[Signature]
20.	Prasanna	1125048	B.A. English	[Signature]
21.	Prasanna	0123001	B.A. Eng	[Signature]
22.	Prasanna	0123010	B.A. Eng	[Signature]
23.	Prasanna	20250873	B.A. Eng	[Signature]
24.	Prasanna	1525081	Bsc (H) Chemistry	[Signature]
25.	Prasanna	0225046	B.A. English	[Signature]
26.	Prasanna	1725060	B.A. English	[Signature]
27.	Prasanna	1525060	B.A. English	[Signature]
28.	Prasanna	1123161	B.A. English	[Signature]
29.	Prasanna	0225068	B.A. English	[Signature]
30.	Prasanna	0225042	B.A. English	[Signature]
31.	Prasanna	0225021	B.A. English	[Signature]
32.	Prasanna	2523044	B.A. English	[Signature]
33.	Prasanna	1723060	B.A. English	[Signature]
34.	Prasanna	1525002	B.A. English	[Signature]
35.	Prasanna	0225048	B.A. English	[Signature]


 Tirumala Tirupati Devasthanams
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Sri Venkateswara College
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01.	Sachin Pari	1525040	Bsc. Chemistry (H)	[Signature]
2.	Anmol Raman	1325042	"	[Signature]
3.	Rakshit	1525008	"	[Signature]
4.	Gurjans Aggarwal	1525012	BSc Chemistry (H)	[Signature]
5.	Lwells	2024029	Bsc Zoology (H)	[Signature]
6.	Nayak Shifa Khan	0223033	B.A. (H) Eng	[Signature]

POSTER



Empathise

The Mental Health Society
Health & Hygiene Committee

JOY LOOKS LIKE...

A Board Activity

11 AM ONWARDS, CANTEEN

25TH MARCH 2026



GEO TAGGED PICTURES



Completion Certificate

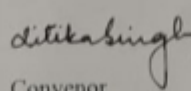


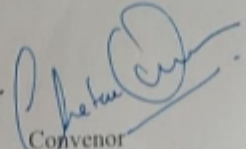
Tirumala Tirupati Devasthanams
శ్రీ వేంకటేశ్వర కళాశాల
Sri Venkateswara College
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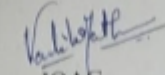
समापन प्रमाण पत्र **COMPLETION CERTIFICATE**

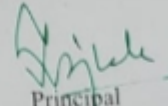
यह प्रमाणित किया जाता है कि "बोर्ड गतिविधि - जॉय लुक्स लाइक..." का आयोजन एम्पथाइज़ - मानसिक स्वास्थ्य समाज (स्वास्थ्य एवं स्वच्छता समिति) द्वारा दिनांक 25 मार्च 2026 को प्रातः 11:00 बजे से दोपहर 2:00 बजे तक ऑफलाइन माध्यम में सफलतापूर्वक किया गया और इस कार्यक्रम की रिपोर्ट आंतरिक गुणवत्ता आश्वासन प्रभाग (आईक्यूएसी) को अभिलेख हेतु जमा कर दी गई है।

This is to certify that the "Board Activity - Joy Looks Like..." was successfully conducted by Empathise - The Mental Health Society (Health & Hygiene Committee) on 25th March 2026 from 11:00 am to 2:00 pm in offline mode, and its event report has been submitted to IQAC for records.


Convenor
Empathise


Convenor
Health & Hygiene
Committee


IQAC
Coordinator


Principal