

SRI VENKATESWARA COLLEGE (UNIVERSITY OF DELHI)

EVENT REPORT

NAME OF THE EVENT: “ Sucide Prevention Awareness ”			
DATE	DEPARTMENT	COMMITTEE/SOCIETY	COORDINATORS’ NAME
23-09-2026	—	Empathise: The Mental Health Society (Health & Hygiene Committee)	Dr. Ritika Singh Dr. Chetan(H&H)
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE: Outdoor/Indoor; online/offline/hybrid
10:30 am to 2:00 pm	Canteen	135	Outdoor/ Offline
FINANCIAL SUPPORT/ ASSISTANCE (if any):	—		

BRIEF INFORMATION ABOUT THE ACTIVITY

TOPIC/SUBJECT OF THE ACTIVITY	"Sucide Prevention Awareness"
OBJECTIVES	To create awareness about suicide prevention and mental health, encourage students to openly express their emotions, promote empathy and emotional support, and create a safe and supportive environment for students to connect and engage with the subject.
METHODOLOGY	The activity was conducted through a series of interactive and creative activities, including the “ Wall of Hope ” board, a mental health crossword activity, an anonymous postcard-writing activity, and a face-painting desk featuring the suicide prevention symbol. A nukkad natak was also performed by YHM to spread awareness through an engaging performance. The event further included a collaboration with Creambell , which distributed ice creams and milkshakes to students as a gesture of care and togetherness.
INVITED SPEAKERS WITH AFFILIATION DETAILS (IF ANY)	No invited speaker. The awareness message was conveyed through interactive activities and a nukkad natak performed by YHM .
OUTCOMES	The activity successfully engaged students in conversations around mental health and suicide prevention. The interactive activities provided students with opportunities for reflection and anonymous emotional expression, while the nukkad natak helped communicate the importance of mental health awareness in an accessible manner. Overall, the event promoted empathy, openness, emotional expression, and awareness about the importance of supporting oneself and others.

PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

1 Notice & Letters ✓	2 Number of Participants & Name of participants ✓	3 Video clip	4 Photos ✓	5 Feedback Form & analysis ✓
6 News clip with details	7 Sample Copy of the Certificate	8 Posters/ Invites ✓	9 Event report Attested by Event Coordinator & IQAC Coordinator	10 Any other document

Departmental file no: SVC/EMP/2026-27/September 2026/03

IQAC File No: SVC/IQAC/EMP/2026-27/September 2026

Criterion No: III,V,VII

NAME OF EVENT-IN-CHARGE & SIGNATURE:

Ritika Singh

चिन्ता चम

Dr. Ritika Singh, Dr.Chetan(Health & Hygiene Committee)

For Reference

Criterion I	Curricular Aspects (planning & Implementation)	Criterion V	Student Support & Progression
Criterion II	Teaching Learning & Evaluation	Criterion VI	Governance, Leadership & Management

Criterion III	Research, Innovations & Extension	CriterionVII	Institutional Values & Best Practices
Criterion IV	Learning Resources and Infrastructure		

REPORT

Empathise — The Mental Health Society of SVC organised an awareness activity on **Suicide Prevention** on **23rd September 2026** at the **college canteen from 10:30 a.m. to 2:00 p.m.** The event aimed to spread awareness about mental health, suicide prevention, emotional well-being, and the importance of creating a supportive and empathetic environment for students.

As part of the event, several interactive activities were organised to encourage students to openly engage with the topic of mental health. Two board activities were conducted, including **“Wall of Hope,”** where students reflected on *“What makes life worth living?”*, and a **mental health crossword activity** that encouraged students to engage with mental-health-related concepts in an interactive manner. A postcard activity was also set up, where students could anonymously express their feelings and thoughts through messages addressed to a stranger, providing them with a safe and creative way to communicate their emotions.

A **face-painting desk** was also organised, primarily featuring the symbol associated with suicide prevention, helping create visual awareness around the cause. The event further included a **nukkad natak performed by our sponsor**, which used an engaging form of street theatre to communicate the importance of mental health awareness and suicide prevention among students.

To further promote a sense of care and togetherness, We also collaborated with **Creambell**, which distributed ice creams and milkshakes to students as a gesture of **care, warmth, and a sense of belonging**. The combination of interactive activities, creative expression, and performances helped create an engaging environment where students could participate, reflect, and connect with the message of the event.

Overall, the event successfully brought students together around an important and sensitive issue, while promoting awareness, empathy, open expression, and the importance of supporting one another. The active participation of students made the event meaningful and contributed to spreading the message of suicide prevention and mental health awareness across the college community.

We sincerely thank the college administration for providing us with the space and support required to conduct the activity. We also extend our gratitude to the faculty and staff members for their assistance throughout the event. Further, we would like to thank our sponsor **YHM** for supporting the event and conducting the nukkad natak, which helped us effectively communicate the message of mental health and suicide prevention. We also express our gratitude to **Creambell** for collaborating with us and distributing ice creams and milkshakes to the students as a gesture of care, warmth, and a sense of belonging.

PERMISSION LETTERS

Tirumala Tirupati Devasthanams *akim3,7*
 శ్రీ వేంకటేశ్వర కళాశాల
 श्री वेकटेश्वर महाविद्यालय
 SRI VENKATESWARA COLLEGE
 (University of Delhi)
 NAAC Grade A+

PERMISSION FOR ORGANIZATION OF EVENTS

Guidelines:

1. Please ensure a pre-booking of the venue before getting the permission letter signed.
2. A copy of this duly filled form signed by the TIC/ Convener, IQAC Coordinator, and Principal shall be submitted to ICT and/or Caretaker for necessary action.
3. The completion certificate of the event should be physically signed by the Convener of the event, the IQAC Coordinator, and the principal after the event report has been prepared. The duly signed certificate should thereafter be uploaded to the College website.
4. No extension of time will be granted; the schedule mentioned in this form shall be strictly adhered to.
5. No decoration, display material, or installation shall be placed in a manner that obstructs movement or causes any damage to college property, including walls, floors, furniture, fixtures, or other infrastructure. If such matters are noticed after the event, the concerned Convener/TIC shall be held accountable.
6. The use of permanent adhesives, double-sided tape, nails, screws, paint, or any material that may damage College property is strictly prohibited. Any damage caused during the event shall be the responsibility of the organizing society/event team, and appropriate action may be taken against them.
7. Playing songs, loud Music/DJs, etc., is not permitted.
8. No Compensatory attendance shall be given to participating students unless specifically permitted by the Principal.
9. All concerned are requested to ensure proper coordination while scheduling events so that no two events conflict with each other.
10. The College authority reserves the right to cancel any event even after granting permission.
11. The IQAC file number should be written as follows: For example, the first event for Chemistry will be numbered as IQAC/Rasagya-Chemical society/ 2026-27/01

EVENT DETAILS

1. Name of the Department/Society/Association: *Empathise - The Mental Health Society (H.H. committee)*
2. Name of the TIC and/or Convener: Prof./Dr./Mr./Ms. *Dr. Ritika Singh*
3. Proposed Title of the Event: *Suicide Prevention Awareness*
4. Nature of Event: Seminar/Conference/Symposium/Workshop/FDP/Public or Community outreach/ Skill enhancement/others (Please specify): *Board Activity & Nukkad Natak*
5. Participants: Student-centric /Faculty/ Other stakeholders (Please specify):
6. Event Type: ☒ Offline/ ☐ Online/ ☐ Hybrid; ☐ Indoor/ ☒ Outdoor
7. Collaborating Agency /Organization (If any): *Youth for Mental Health (YMH)*
8. Tentative List of Speakers with affiliations:

Tirumala Tirupati Devasthanams
 శ్రీ వేంకటేశ్వర కళాశాల
 श्री वेकटेश्वर महाविद्यालय
 SRI VENKATESWARA COLLEGE
 (University of Delhi)
 NAAC Grade A+

2:

9. Event Date: *23rd September 2026* Time (from - to): *10:30 AM to 1:00 PM*
10. Financial Assistance/ Funding received (if any) (Please specify the amount):
11. Proposed Budget (please attach details in a separate enclosure):
12. Faculty responsible for Geo Tagged Pictures: *Dr. Ritika Singh*
13. Faculty responsible for Event Report: *Dr. Ritika Singh*
14. ICT support required, if any (ICT Lab, Laptop, LCD projector):
15. Caretaker support required (tables, chairs, public addressing system, sanitation, manpower assistance)
2 tables, 2 chairs, 2 Board
16. Venue requirement (Seminar Hall/ College Ground/Class Room/other): *Canteen*
17. IQAC File No. (IQAC/Society or department or cell name/ YYYY-YY/ Event No.: 01, 02):
18. Please fill in the following details about the previous two events conducted:

S. No.	Name of the Event	Date	Report submitted (Y/N)	Date of report submission
1.	Orientation of Smiles	11/08/26	Yes	04/09/2026
2.	Board Activity - Mood Playlist (Registration Desk)	11/08/26	Yes	03/09/2026

Ritika Singh
 TIC/Convener Sign. With Date

Signature of the (TIC)/ In-charge of the room/venue (For Room/ Venue allotment only)

For official purpose Comments (If any):

Sharda
 IQAC Coordinator
 Date: *23/9*

Sharda
 PRINCIPAL
 Date: *23/9*

ATTENDANCE RECORD



ATTENDANCE SHEET

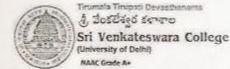
TITLE OF THE EVENT: Suicide Prevention Awareness

DATE OF THE EVENT: 23rd September 2026

NAME OF THE DEPARTMENT/ SOCIETY: Empathise-The Mental Health Society (NBM Committee)

NAME OF THE EVENT COORDINATOR: Dr. Ritika Singh

S.NO.	NAME OF THE STUDENT	ROLL NO. OF THE STUDENT	COURSE AND YEAR	SIGNATURE
01.	Anusha Singh	1426061	Bsc Botany 1st	Anusha
02.	Parul Singh	1426065	Bsc Botany 1st	Parul
03.	Anusha Chhillal	1426076	Bsc Botany 1st	Anusha
04.	Tanishka	1125200	Bsc Life Science	Tanishka
05.	Heena Jain	0926100	B. Com	Heena
06.	Rishi Sultani	1126211	Bsc Life Science	Rishi
07.	Aanya Nagpal	1126196	B. Com	Aanya
08.	Parul Kumar	1126185	B. Com	Parul
09.	Prachi	1026154	B. Com	Prachi
10.	Prachi	1126149	Bsc Life Sci	Prachi
11.	Rishi	1325004	B. Com	Rishi
12.	Sand	1026104	B. Com	Sand
13.	Anusha	1026033	B. Com	Anusha
14.	Chaitra	1126151	B. Com	Chaitra
15.	Ani	1026072	B. Com	Ani
16.	Spandan	1026089	B. Com	Spandan
17.	Chaitra	1026034	B. Com	Chaitra
18.	Joshi	0326020	B. Com	Joshi
19.	Vishal	1026023	B. Com	Vishal
20.	Vishal	1026025	B. Com	Vishal
21.	Vishal	1026112	B. Com	Vishal
22.	Kushal	0526024	B. Com	Kushal
23.	Selvi Vamsa	0526024	B. Com	Selvi
24.	Riya Patel	0526024	B. Com	Riya
25.	Anusha Sharma	1126083	Bsc Life Science	Anusha
26.	Husna	1125107	Bsc Life Science	Husna
27.	Nishi	1026002	B. Com	Nishi
28.	Swati	1026041	B. Com	Swati
29.	Vishal	1126012	B. Com	Vishal
30.	Prachi	1026194	B. Com	Prachi
31.	Prachi	1026194	B. Com	Prachi
32.	Prachi	1026194	B. Com	Prachi
33.	Prachi	1026194	B. Com	Prachi
34.	Prachi	1026194	B. Com	Prachi



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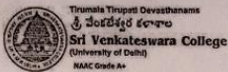
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DATE OF THE EVENT: 23rd September 2026

NAME OF THE DEPARTMENT/ SOCIETY: Empathise-The Mental Health Society (NBM Committee)

NAME OF THE EVENT COORDINATOR: Dr. Ritika Singh

S.NO.	NAME OF THE STUDENT	ROLL NO. OF THE STUDENT	COURSE AND YEAR	SIGNATURE
25.	Gurika	1025010	B. Com	Gurika
26.	Rishi	1026013	B. Com	Rishi
27.	Kushal	0126077	B. Com	Kushal
28.	Rishi	0126075	B. Com	Rishi
29.	Rishi	1026195	B. Com	Rishi
30.	Husna	1026099	B. Com	Husna
31.	Rishi	2015014	B. Com	Rishi
32.	Rishi	1025071	B. Com	Rishi
33.	Rishi	0926073	B. Com	Rishi
34.	Rishi	0626015	B. Com	Rishi
35.	Rishi	1426063	B. Com	Rishi
36.	Rishi	0626042	B. Com	Rishi
37.	Rishi	1326117	B. Com	Rishi
38.	Rishi	1026017	B. Com	Rishi
39.	Rishi	1426013	B. Com	Rishi
40.	Rishi	0126059	B. Com	Rishi
41.	Rishi	0225005	B. Com	Rishi
42.	Rishi	1326083	B. Com	Rishi
43.	Rishi	1326012	B. Com	Rishi
44.	Rishi	0225024	B. Com	Rishi
45.	Rishi	0226071	B. Com	Rishi
46.	Rishi	0226073	B. Com	Rishi
47.	Rishi	0226073	B. Com	Rishi
48.	Rishi	0226073	B. Com	Rishi
49.	Rishi	0226073	B. Com	Rishi
50.	Rishi	0226073	B. Com	Rishi
51.	Rishi	0226073	B. Com	Rishi
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59.	Rishi	0226073	B. Com	Rishi
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63.	Rishi	0226073	B. Com	Rishi
64.	Rishi	0226073	B. Com	Rishi
65.	Rishi	0226073	B. Com	Rishi
66.	Rishi	0226073	B. Com	Rishi
67.	Rishi	0226073	B. Com	Rishi
68.	Rishi	0226073	B. Com	Rishi
69.	Rishi	0226073	B. Com	Rishi
70.	Rishi	0226073	B. Com	Rishi
71.	Rishi	0226073	B. Com	Rishi
72.	Rishi	0226073	B. Com	Rishi



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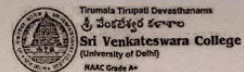
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DATE OF THE EVENT: 23rd September 2026

NAME OF THE DEPARTMENT/ SOCIETY: Empathise-The Mental Health Society (NBM Committee)

NAME OF THE EVENT COORDINATOR: Dr. Ritika Singh

S.NO.	NAME OF THE STUDENT	ROLL NO. OF THE STUDENT	COURSE AND YEAR	SIGNATURE
73.	Tanishka	1526032	Chemistry	Tanishka
74.	Rishi	1026150	B. Com	Rishi
75.	Rishi	1026150	B. Com	Rishi
76.	Rishi	1526029	B. Com	Rishi
77.	Rishi	0126195	B. Com	Rishi
78.	Rishi	1026036	B. Com	Rishi
79.	Rishi	0226067	B. Com	Rishi
80.	Rishi	1526086	B. Com	Rishi
81.	Rishi	0226036	B. Com	Rishi
82.	Rishi	1326050	B. Com	Rishi
83.	Rishi	0226028	B. Com	Rishi
84.	Rishi	1026033	B. Com	Rishi
85.	Rishi	0826026	B. Com	Rishi
86.	Rishi	1976077	B. Com	Rishi
87.	Rishi	1526023	B. Com	Rishi
88.	Rishi	1126130	B. Com	Rishi
89.	Rishi	1026001	B. Com	Rishi
90.	Rishi	1026001	B. Com	Rishi
91.	Rishi	1026001	B. Com	Rishi
92.	Rishi	1526040	B. Com	Rishi
93.	Rishi	1253830	B. Com	Rishi
94.	Rishi	1426024	B. Com	Rishi
95.	Rishi	0226046	B. Com	Rishi
96.	Rishi	0226067	B. Com	Rishi
97.	Rishi	0226123	B. Com	Rishi
98.	Rishi	1733897	B. Com	Rishi
99.	Rishi	1526012	B. Com	Rishi
100.	Rishi	0226003	B. Com	Rishi



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DATE OF THE EVENT: 23rd September 2026

NAME OF THE DEPARTMENT/ SOCIETY: Empathise-The Mental Health Society (NBM Committee)

NAME OF THE EVENT COORDINATOR: Dr. Ritika Singh

S.NO.	NAME OF THE STUDENT	ROLL NO. OF THE STUDENT	COURSE AND YEAR	SIGNATURE
101.	Rishi	1626002	B. Com	Rishi
102.	Rishi	1626004	B. Com	Rishi
103.	Rishi	1626004	B. Com	Rishi
104.	Rishi	1626004	B. Com	Rishi
105.	Rishi	1626004	B. Com	Rishi
106.	Rishi	1626004	B. Com	Rishi
107.	Rishi	1626004	B. Com	Rishi
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111.	Rishi	1626004	B. Com	Rishi
112.	Rishi	1626004	B. Com	Rishi
113.	Rishi	1626004	B. Com	Rishi
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115.	Rishi	1626004	B. Com	Rishi
116.	Rishi	1626004	B. Com	Rishi
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118.	Rishi	1626004	B. Com	Rishi
119.	Rishi	1626004	B. Com	Rishi
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121.	Rishi	1626004	B. Com	Rishi
122.	Rishi	1626004	B. Com	Rishi
123.	Rishi	1626004	B. Com	Rishi
124.	Rishi	1626004	B. Com	Rishi
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132.	Rishi	1626004	B. Com	Rishi
133.	Rishi	1626004	B. Com	Rishi
134.	Rishi	1626004	B. Com	Rishi
135.	Rishi	1626004	B. Com	Rishi

POSTER



SRI VENKATESWARA COLLEGE

UNIVERSITY OF DELHI

Health and Hygiene Committee



The Mental Health Society

presents



SEPTEMBER IS
**SUICIDE
PREVENTION**
AWARENESS MONTH

Ice cream • Nukkad Natak • Board activity

**"Let's talk, Let's support
Let's save lives"**

Scoop a little Hope

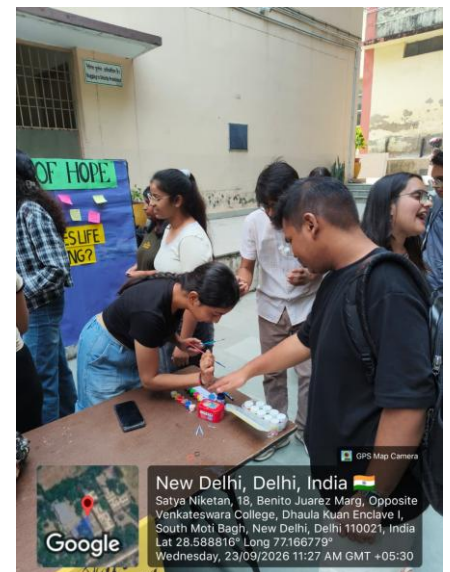
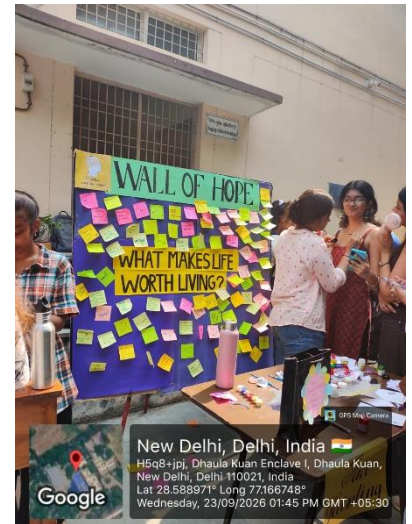


Dr. Ritika Singh
Convener
Empathise

Dr. Chetan
Convener
Health and Hygiene Committee

Prof. Vajala Ravi
Patron
Principal

GEO TAGGED PICTURES



COMPLETION CERTIFICATE



Tirumala Tirupati Devasthanams

శ్రీ వేంకటేశ్వర కళాశాల

Sri Venkateswara College

(University of Delhi)

NAAC Grade A+

समापन प्रमाण पत्र COMPLETION CERTIFICATE

य यह प्रमाणित किया जाता है कि "आत्महत्या रोकथाम जागरूकता" का आयोजन Empathise – मानसिक स्वास्थ्य समाज (स्वास्थ्य एवं स्वच्छता समिति) द्वारा दिनांक 23rd सितम्बर 2026 को सुबह 10:30 बजे से 2:00 बजे तक ऑफलाइन माध्यम से कैंटीन क्षेत्र सफलतापूर्वक आयोजित किया गया और इस कार्यक्रम की रिपोर्ट आंतरिक गुणवत्ता आश्वासन प्रभाग (IQAC) को रिकॉर्ड के लिए जमा कर दी गई है।

This is to certify that the "Suicide prevention awareness" was successfully conducted by Empathise – The Mental Health Society (Health & Hygiene Committee) on 23rd September 2026 from 10:30 am to 2:00 pm in the offline mode at the Canteen Area, and its event report has been submitted to IQAC for records.

ditika singh

Convenor
Empathise

Shobha

Convenor
Health & Hygiene
Committee

Shobha
24/9/26

IQAC
Coordinator

Shobha

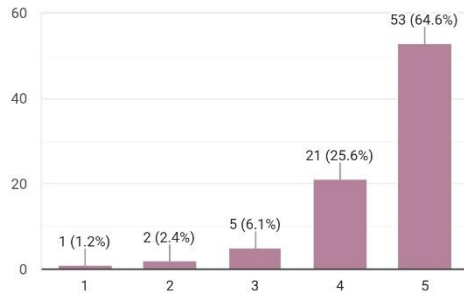
Principal

FEEDBACK FORM

This event made me feel welcomed, comfortable, and included.

 Copy chart

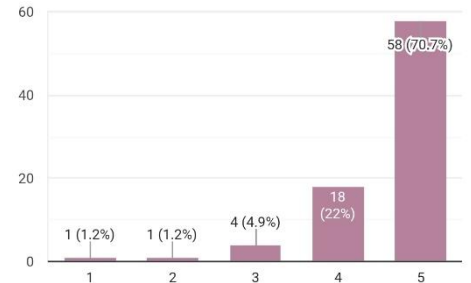
82 responses



I felt comfortable expressing my thoughts or participating during the event.

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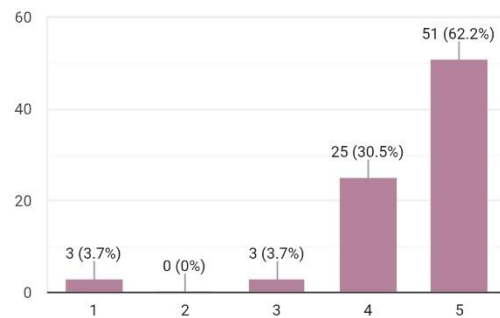
82 responses



Overall, how would you rate your experience at the event ?

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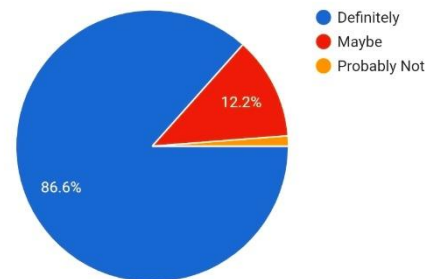
82 responses



Would you attend or recommend future Empathise events?

 Copy chart

82 responses



Any suggestions or feedback to help us improve future Empathise events?

41 responses

Lovely Event.. such events itself help one coping from any mental stress❤️

Everything was well organised. I think better promotion beforehand could help increase participation.

Not really... everything was good.

It was well organized events. One suggestion is this to include more activities

Very good games

The event was v good

It was anyways besttt

After attending this event, I felt...

 Copy chart

82 responses

