



Tirumala Tirupati Devasthanams

శ్రీ వేంకటేశ్వర కళాశాల

Sri Venkateswara College

(University of Delhi)

NAAC Grade A+

**SRI VENKATESWARA COLLEGE
(UNIVERSITY OF DELHI)**

EVENT REPORT

NAME OF THE EVENT: Mind Matters: Demystifying Headaches and Migraines			
DATE	DEPARTMENT	COMMITTEE/SOCIETY	COORDINATORS' NAME
03/09/2025	N/A	National Service Scheme	Dr. Satheesh Perumalla
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE: Outdoor/Indoor; online/offline/hybrid
10:00 A.M-12:00 P.M.	Seminar Hall	41	Offline
FINANCIAL SUPPORT/ASSISTANCE (if any):	₹1500		

BRIEF INFORMATION ABOUT THE ACTIVITY

TOPIC/SUBJECT OF THE ACTIVITY	Mind Matters: Demystifying Headaches and Migraines
OBJECTIVES	<ul style="list-style-type: none">● To spread awareness about headaches and migraines.● To guide students towards proper medical advice and treatment.● To clear myths and encourage healthy lifestyle practices.
METHODOLOGY	<ul style="list-style-type: none">● Organized by NSS, SVC in collaboration with Dr. Reddy's Foundation.● Talk delivered by Dr. Rajiv Anand with medical insights and real-life examples.● Interactive discussion and Q&A with students.● Oath-taking ceremony involving students, staff, and speakers, followed by the National Anthem.

INVITED SPEAKERS WITH AFFILIATION DETAILS (IF ANY)	<ul style="list-style-type: none"> ● Dr. Rajiv Anand, Principal Director, Neurology, BLK-MAX Super Specialty Hospital, New Delhi
OUTCOMES	<ul style="list-style-type: none"> ● Students gained clarity on headaches and migraines. ● Myths were addressed and corrected. ● Participants learned lifestyle changes for better health. ● Active engagement through questions and discussions.

PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

1 ✓ Notice & Letters	2 ✓ Number of Participants & Name of participants	3 Video clip	4 ✓ Photos	5 Feedback Form & analysis
6 News clip with details	7 ✓ Sample Copy of the Certificate	8 ✓ Posters/ Invites	9 ✓ Event report Attested by Event Coordinator & IQAC Coordinator	10 Any other document

IQAC Document No: IQAC/SVC/2025-2026/NSSSOC/03	Criterion No: III, V & VII
Departmental File No: NSS/2025-2026/NSSSOC/03	IQAC File No: SVC/2025-26

NAME OF TEACHER & SIGNATURE	NAME OF HEAD/ COMMITTEE INCHARGE & SIGNATURE	IQAC COORDINATOR (SEAL & SIGNATURE)
Dr. Satheesh Perumalla	Dr. Satheesh Perumalla	Prof. Vartika Mathur

For Reference

Criterion I	Curricular Aspects (planning & Implementation)		Criterion V	Student Support & Progression
Criterion II	Teaching Learning & Evaluation		Criterion VI	Governance
Criterion III	Research, Innovations & Extension		Criterion VII	Institutional Values & Best Practices
Criterion IV	Learning Resources and Infrastructure			

REPORT

The NSS unit of Sri Venkateswara College, in collaboration with Dr. Reddy's Foundation, organized a seminar on "Mind Matters: Demystifying Headaches and Migraines" on 3rd September 2025. The session was led by Dr. Rajiv Anand, Principal Director of Neurology at BLK-MAX Super Specialty Hospital, New Delhi.

The seminar aimed at spreading awareness about headaches and migraines, encouraging students to seek medical advice, and addressing myths surrounding the condition. Through informative content and real-life examples, Dr. Anand explained treatment options and lifestyle changes that can help manage migraines. The highlight of the session was the interactive Q&A, which allowed students to clarify their doubts. The event left participants with a deeper understanding of the issue and encouraged them to adopt healthier practices in daily life.

Overall, the seminar succeeded in its goal of raising health awareness and was well-received by the participants, who left with a greater understanding and a renewed commitment to their personal health.



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PERMISSION FOR ORGANIZATION OF EVENTS

- NOTE: 1. Please ensure a pre booking of the venue before getting the permission letter signed.
2. A copy of this duly filled form signed by the TIC/ Convener, IQAC Coordinator and Principal shall be submitted to ICT and/or Caretaker for necessary action.
3. Please ensure that the completion certificate of the event is physically signed by the Convener of the event, IQAC Coordinator and Principal after the event report is made.

EVENT DETAILS

1. Name of the Department/Society/Association: National Service Scheme
2. Name of the TIC and/or Convener: Prof./Dr./Mr./Ms. Satheesh Perumalle
3. Proposed Title of the Event: Mind Matters : Demystifying Headaches and Migraines.
4. Nature of Event: Seminar/Conference/Symposium/Workshop/FDP/Public or Community outreach/ Skill enhancement/others (Please specify) Wellness Session.
5. Participants: Student-centric /Faculty/ Other stakeholders (Please specify).....
6. Event Type: Offline/Online/Hybrid; Indoor/Outdoor
7. Collaborating Agency /Organization (If any): Dr. Reddy's Foundation for Health Education.
8. Tentative List of Speakers with affiliations: Dr. Rajiv Anand. (Principal Director - Neurology)
9. Date & Time (from - to): 03-09-25, 10:00 am to 12:00 pm.
10. Financial Assistance/ Funding received (if any) (Please specify amount): 1500/-
11. Proposed Budget (please attach details in a separate enclosure): NSS

12. Faculty responsible for Geo-Tagged Pictures Dr. Satheesh Perumalla

13. Faculty responsible for Event Report Dr. Satheesh Perumalla

14. ICT support required, if any (ICT Lab, Laptop, LCD projector) ✓

15. Caretaker support required (tables, chairs, public addressing system, sanitation, manpower assistance) ✓
Board stand.

16. Venue requirement (Seminar hall/ Ground/others) Seminar Hall

✓
TIC/Convenor

Date:

P. Satheesh
11/9/25

Laptop allowed.

✓

For official purpose

Comments (If any)

Criteria 3

No compensatory attendance for students.

For Richa Misra

IQAC Coordinator

Date:

Mejhele
01/9/25

Principal

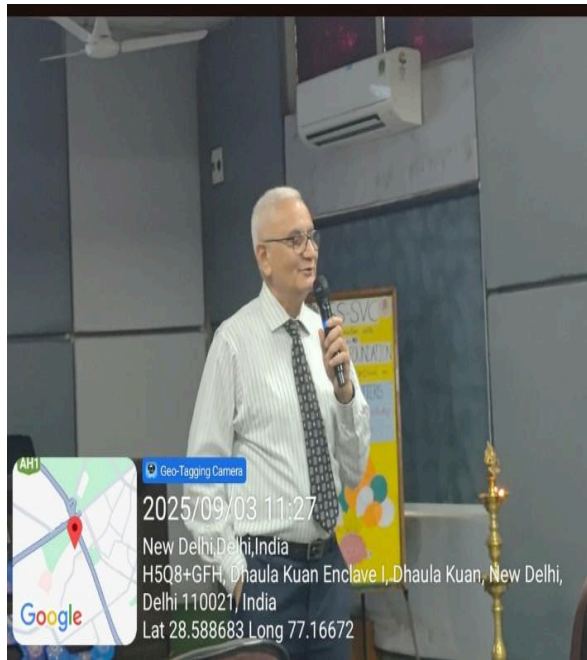
Date:

Permitted.

Shall be deducted from the NSS funds to be assigned for 2025-26

(Aidnekumar)

BURSAR
Sri Venkateswara College
Dhaura Kuan, New Delhi-110021



NATIONAL SERVICE SCHEME
 SRI VENKATESWARA COLLEGE

in collaboration with

Dr.Reddy's

DR. REDDY'S FOUNDATION

Presents a seminar on

MIND MATTERS: DEMYSTIFYING HEADACHES AND MIGRAINES

Speaker :

DR. RAJIV ANAND
 Principal Director, Department
 of Neurology at BLK-MAX
 super specialty Hospital,
 New Delhi

DATE - 03 SEP, 2025

TIME : 10:00 - 12:00

VENUE - SEMINAR HALL

DR. SATHEESH PERUMALLA
(PROGRAMME OFFICER)

PROF. V RAVI
(PRINCIPAL)

ATTENDANCE SHEET (VOLUNTEERS)

SOCIETY: NSS

TITLE OF THE EVENT: SEMINAR (MIND MATTERS: DEMYSTIFYING HEADACHES AND MIGRAINE)

Date: 03/09/2025

NAME OF THE EVENT COORDINATOR: DR. SATHEESH PERMULLA

S NO	NAME OF VOLUNTEER	COURSE	ROLL NO
1	Abhijit	B.Sc. Zoology (Hons.)	20240247
2	Aditya Prakash	B.Com. Program	925091
3	Akanksha	B.Sc. Life Science	1123901
4	Ananya	B.Sc. Life Science	1123084
5	Ananya Dey	B.A. Sociology (Hons.)	823005
6	Aryan Kumar	B.Sc. Botany (Hons.)	1423013
7	Atul Kumar Surya	B.Sc. Botany (Hons.)	1423006
8	Ayush Jain	B.A. Program	124097
9	Bansi	B.A. Hindi (Hons.)	323027
10	Bhawansh Pandey	B.Sc. Chemistry (Hons.)	1525083
11	Bhumika Jain	B.A. Program	124079
12	Bhumika Khatri	B.Sc. Mathematics (Hons.)	1724076
13	Chahat Hans	B.A. Program	92507
14	Chetansi Bhardwaj	B.A. Sociology (Hons.)	823060
15	Deepanshu	B.Com. Program	924049
16	Ishani Arora	B.A. English (Hons.)	220523
17	Ishika Bhaskar	B.Sc. Life Science	1124009
18	Jaanvi Ahuja	B.A. English (Hons.)	25056
19	Jayant	B.A. English (Hons.)	223045
20	K.B. Ambreen Iqra	B.A. Program	125108
21	L. Malika	B.A. Program	124126
22	Lawanya	B.Sc. Life Science	1123104
23	Lobsang Choising	B.A. Political Science (Hons.)	724056
24	Miraya Goel	B.A. Program	123035
25	Navya	B.A. Sociology (Hons.)	824019
26	Parth Sharma	B.A. Sociology (Hons.)	824002
27	Pragati Takkar	B.Sc. Mathematics (Hons.)	1724042
28	Prosenjit	B.A. Program	124020
29	Resham Singh	B.A. Hindi (Hons.)	324055
30	Rashmi	B.A. Hindi (Hons.)	325042
31	Ritika Sharma	B.Sc. Chemistry (Hons.)	1524012
32	Ruchi	B.Sc. Botany (Hons.)	1424020
33	Rubal	B.A. Program	124101
34	Saksham Dubey	B.A. English (Hons.)	224052
35	Samriddhi	B.A. Program	124088
36	Saurabh Kumar Pandey	B.Sc. Life Science	1123094
37	Soumya Porwal	B.Sc. Life Science	1125079
38	Srishti	B.Sc. Chemistry (Hons.)	1525076
39	Suvidha	B.A. Sociology (Hons.)	824024
40	Tulsi Kumari	B.A. Hindi (Hons.)	323023
41	Yash Mehta	B.Sc. Life Science	1123180



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ATTENDANCE SHEET

TITLE OF THE EVENT: seminar

DATE OF THE EVENT: 3 Sep 2025

NAME OF THE DEPARTMENT/ SOCIETY: NSS

NAME OF THE EVENT COORDINATOR: Dr Bathheesh Perumalla

S.NO.	NAME OF THE STUDENT	ROLL NO. OF THE STUDENT	COURSE AND YEAR	SIGNATURE
01	Aditya Kumar Deo	1425044	BSc Botany 2025	Aditya Kumar Deo
02	Aditya Bhanuseel	1425062	BSc Botany 2025	Aditya Bhanuseel
03	Shreya Smriti	0422004	BA(H) Sanskrit	Shreya
04	Smritika Tannu	0422015	"	Smritika
05	Bhajat	1425013	BSc Botany	Bhajat
06	Reekesh	1425033	BSc Botany	Reekesh
07	Lovish	1425038	BSc Botany	Lovish
08	Ayush Yadav	1425015	BS (H) Botany	Ayush
09	Ayush Arya	1425020	BSc Botany	Ayush
10	Vansh Yadav	1425055	BSc (H) Botany '25	Vansh
11	Shruti Tiwari	1425028	BSc (H) Botany '25	Shruti
12	Mayank	0824031	1 st Socio	Mayank
13	Muskan	1425009	BSc Botany	Muskan
14	Sweety	142505	"	Sweety
15	Pratikanya	1425042	BSc Botany	Pratikanya
16	Preetika Mani	1425041	BSc Botany	Preetika
17	Shalva Fajal	0125110	B. Agriculture	Shalva
18	Laiba Reza	1325053	Bio Sciences 1 st	Laiba
19	Shubham	0325001	Hindi (H) 1 st	Shubham
20	Aatya	0325032	Hindi (H)	Aatya
21	Poojithi	0325040	Hindi (H)	Poojithi
22	Rajindar	0325059	Hindi (H)	Rajindar
23	Swati Yadav	0723015	Pol Sci (H)	Swati
24	Shrishti Rani	0724050	Pol Sci (H)	Shrishti
25	Diya Bharti	1425064	Botany (H)	Diya
26	Ramya Teja	1123028	Life Sciences (H)	Ramya
27	Archana Mishra	1322024	Bio Sciences (H)	Archana
28	Anudeep Kumar	1322040	"	Anudeep
29	ANSH SINGH NEGI	1322015	Phy. (Hons)	Ansh
30	VIPRA CHAURASIA	0323060	BA (H) ENGLISH	Vipra
31	TANUSHKA	0124134	BA (P)	Tanushka
32	Rajaw Goyal	024002	BA (P) Eco + stats	Rajaw
33	Ushar Garg	0124025	BA (P)	Ushar
34	Shamim	1125050	BSc Life Sci	Shamim
35	Abhijit Sinha 2024047		BSc. Zoology Hon	Abhijit
36	Parthi Chauras	052402	B. A. (H) Polio	Parthi



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Sri Venkateswara College
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 NAAC Grade A+

ATTENDANCE SHEET

TITLE OF THE EVENT: Seminar | Mind Matters: Demystifying
 Headaches & Migraines

DATE OF THE EVENT: 3 Sep 2025

NAME OF THE DEPARTMENT/ SOCIETY: NSS

NAME OF THE EVENT COORDINATOR: DR. SATHEESH PERUHALLA

S.NO.	NAME OF THE STUDENT	ROLL NO. OF THE STUDENT	COURSE AND YEAR	SIGNATURE
1.	Vansha Singh	1425046	Bsc Botany 2025	Vansha
2.	Saksham Dubey	0224052	BA English (H)	Saksham
3.	Soukabh Sr. Pandey	1123091	Bsc Life Sci	Soukabh
4.	Aditya Kumar Deo	1925044	BSc Botany 2023	Aditya
5.	Pragati Takkar	1724042	BSc Maths Hon	Pragati
6.	Anumika Khatri	1724076	AI (H) math	Anumika
7.	L. Malika	0124126	BA prog 2 nd year	L. Malika
8.	Lawanya	1123104	B.Sc Life Science	Lawanya
9.	Jayanti	0824032	B.A. (H) Hindi	Jayanti
10.	Muskan Singh	1425009	B.Sc. Botany (H)	Muskan
11.	Sweety Kumari	1425050	B.Sc. Botany (H)	Sweety
12.	Ananya	1123089	B.Sc. Life Sci	Ananya
13.	K.B. Ambreen Iqbal	0125108	B.A. prog	Iqbal
14.	Jarvi Ahuja	0225096	B.A. Eng. Honours	Jarvi
15.	Somya Purohit	1125079	BSc Life Science	Somya
16.	Ashani Singh	1425001	BSc Botany (H)	Ashani
17.	Banshi	0323007	B.A. Hindi (Hon)	Banshi
18.	Ruchi	1424020	B.Sc. Botany (H)	Ruchi
19.	Ishika Bhaskar	1124009	B.Sc. Life Science	Ishika
20.	Ritika Sharma	1524012	B.Sc. (H) Chemistry	Ritika
21.	Risham Singh	0324055	B.A. (H) Hindi	Risham
22.	Ghani Arora	0220523	B.A. (H) English	Ghani Arora
23.	Chahat Hans	0925007	B.com (P)	Chahat
24.	Ananya Sax	0823005	B.A. (H) Sociology	Ananya
25.	Shreya	0325026	B.A. (H) Hindi	Shreya
26.	Rushmi	0325042	B.A. (H) Hindi	Rushmi
27.	Rubal	0124101	BA Prog (Hist Pol Sci)	Rubal
28.	Samsiddhi	0124088	BA Prog (Hist Pol Sci)	Samsiddhi
29.	Bhramsh Pandey	1525083	B.Sc. Chemistry (H)	Bhramsh
30.	Swedha	0824024	B.A. Socio (H)	Swedha
31.	Navya	0824019	BA Socio (H)	Navya
32.	Tanmay	0824021	BA Socio (H)	Tanmay
33.	Saurabh Sr. Iyer	0325051	BA Hindi (H)	Saurabh
34.	Rahul Das	0325029	BA Hindi (H)	Rahul
35.	Shubham Gupta	0325007	BA Hindi (H)	Shubham
36.	Lehsang Chaitang	0724056	BA Pol. Sci (H)	Lehsang
37.	Tulsi Kumari	0303093	BA Hindi (H)	Tulsi
38.	Aditya Prakash	0925091	B.com (P)	Aditya
39.	Yash Mehta	1123180	Life Sci	Yash
40.	Jayant	0223045	Engineering	Jayant



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समापन प्रमाण पत्र

COMPLETION CERTIFICATE

यह प्रमाणित किया जाता है कि माइंड मैटर्स: डिमिस्टिफाइंग हेडेक्स एंड माइग्रेन्स कार्यक्रम को 3 सितम्बर, 2025 को पूर्वाह्न 10:00 बजे से अपराह्न 12:00 बजे तक राष्ट्रीय सेवा योजना द्वारा सेमिनार हॉल में ऑफलाइन माध्यम से सफलतापूर्वक आयोजित किया गया और इस कार्यक्रम की रिपोर्ट अभिलेख हेतु आंतरिक गुणवत्ता आश्वासन प्रकोष्ठ (IQAC) को जमा कर दी गई है।

This is to certify that the MIND MATTERS: DEMYSTIFYING HEADACHES AND MIGRAINES was successfully conducted on September 3, 2025 from 10:00 A.M. to 12:00 PM by National Service Scheme in the Offline mode in Seminar hall and its event report has been submitted to IQAC for records.

Event In-Charge

IQAC Coordinator

Principal