



Tirumala Tirupati Devasthanams

శ్రీ వేంకటేశ్వర కళాశాల

Sri Venkateswara College

(University of Delhi)

NAAC Grade A+

**SRI VENKATESWARA COLLEGE
(UNIVERSITY OF DELHI)**

EVENT REPORT

NAME OF THE EVENT: SAHAS : Breaking taboos with courage - Project Astitva			
DATE	DEPARTMENT	COMMITTEE/SOCIETY	COORDINATORS' NAME
13/09/2025	N/A	National Service Scheme	Dr. Satheesh Perumalla
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE: Outdoor/Indoor; online/offline/hybrid
2:00 pm - 4:00 pm	Asha grih girls home	17	Offline
FINANCIAL SUPPORT/ASSISTANCE (if any):	N/A		

BRIEF INFORMATION ABOUT THE ACTIVITY

TOPIC/SUBJECT OF THE ACTIVITY	SAHAS : Breaking taboos with courage - Project Astitva
OBJECTIVES	<ul style="list-style-type: none">● To spread awareness about menstrual hygiene and bodily autonomy among adolescent girls.● To educate students on good touch and bad touch for personal safety and empowerment.● To break social taboos around menstruation through open discussion and interaction.
METHODOLOGY	<ul style="list-style-type: none">● Conducted an interactive awareness session led by Dr. (Col.) Gunjan Malhotra, a renowned gynecologist.● The talk covered key topics like Menstrual Hygiene, Management, Understanding One's Body and Good Touch and Bad Touch

	<ul style="list-style-type: none"> ● A Q&A session encouraged students to share doubts and experiences freely, fostering a safe and supportive space. ● Sanitary pad distribution was carried out with the support of Durga Saptashati NGO.
INVITED SPEAKERS WITH AFFILIATION DETAILS (IF ANY)	<ul style="list-style-type: none"> ● Dr. (Col.) Gunjan Malhotra, a renowned gynecologist
OUTCOMES	<ul style="list-style-type: none"> ● Enhanced understanding of menstrual health and hygiene among participants. ● Promoted confidence and body positivity among young girls. ● Empowered students to identify and report inappropriate behavior. ● Successfully created a safe, stigma-free environment for discussion on sensitive issues

PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

1 Notice & Letters	2 ✓ Number of Participants & Name of participants	3 Video clip	4 ✓ Photos	5 Feedback Form & analysis
6 News clip with details	7 ✓ Sample Copy of the Certificate	8 ✓ Posters/ Invites	9 ✓ Event report Attested by Event Coordinator & IQAC Coordinator	10 Any other document

IQAC Document No: IQAC/SVC/2025-2026/NSSSOC/06	Criterion No: III, V & VII
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Departmental File No: NSS/2025-2026/NSSSOC/06	IQAC File No: SVC/2025-26
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NAME OF TEACHER & SIGNATURE	NAME OF HEAD/ COMMITTEE INCHARGE & SIGNATURE	IQAC COORDINATOR (SEAL & SIGNATURE)
Dr. Satheesh Perumalla	Dr. Satheesh Perumalla	Prof. Vartika Mathur

For Reference

Criterion I	Curricular Aspects (planning & Implementation)	Criterion V	Student Support & Progression
Criterion II	Teaching Learning & Evaluation	Criterion VI	Governance
Criterion III	Research, Innovations & Extension	Criterion VII	Institutional Values & Best Practices
Criterion IV	Learning Resources and Infrastructure		

REPORT

The awareness session “SAHAS: Breaking Taboos with Courage” was organized on 13th September 2025 at Asha Grih Girls Home, Dwarka, with the aim of promoting menstrual hygiene and body awareness among young girls. The event was graced by Dr. (Col.) Gunjan Malhotra, who led an engaging and informative discussion.

Dr. Malhotra delivered an interactive talk covering key aspects such as menstrual hygiene management, understanding one’s body, and awareness about good touch and bad touch. The session created a safe space for students to express their thoughts, share personal experiences, and ask questions freely during the Q&A segment. The open dialogue helped break deep-rooted taboos and encouraged girls to embrace confidence and self-care. To support menstrual health practices, sanitary pads were distributed to all participants, sponsored by Durga Saptashati NGO.

In sum up, the event successfully fostered confidence, safety, and dignity helping participants take charge of their health and wellbeing with courage and pride.



PERMISSION FOR ORGANIZATION OF EVENTS

- NOTE: 1. Please ensure a pre booking of the venue before getting the permission letter signed.
2. A copy of this duly filled form signed by the TIC/ Convener, IQAC Coordinator and Principal shall be submitted to ICT and/or Caretaker for necessary action.
3. Please ensure that the completion certificate of the event is physically signed by the Convener of the event, IQAC Coordinator and Principal after the event report is made.

EVENT DETAILS

1. Name of the Department/Society/Association: National Service Scheme...
2. Name of the TIC and/or Convener: Prof./Dr./Mr./Ms. Dr. Satheesh Perumalla
3. Proposed Title of the Event: Project Astitva underprivileged school drive
4. Nature of Event: Seminar/Conference/Symposium/Workshop/FDP/Public or Community outreach/ Skill enhancement/others (Please specify) Awareness session and Distribution Drive
5. Participants: Student-centric /Faculty/ Other stakeholders (Please specify).....
6. Event Type: Offline/ Online/ Hybrid; Indoor/ Outdoor
7. Collaborating Agency /Organization (If any): ASHA GRH GIRLS' HOME, Delhi
8. Tentative List of Speakers with affiliations: Dr. Gyanika Gynaecologist
9. Date & Time (from - to): 13/09/25, 2:00 pm - 4:00 pm
10. Financial Assistance/ Funding received (if any) (Please specify amount): —
11. Proposed Budget (please attach details in a separate enclosure): —

12. Faculty responsible for Geo Tagged Pictures Dr. Sathesh Perumalla
13. Faculty responsible for Event Report Dr. Sathesh Perumalla.
14. ICT support required, if any (ICT Lab, Laptop, LCD projector) —
15. Caretaker support required (tables, chairs, public addressing system, sanitation, manpower assistance) ✓
16. Venue requirement (Seminar hall/ Ground/others)

P. Sathesh
12/9/25

TIC/Convenor

Date:

For official purpose

Comments (If any)

Criteria 3, 7

Sathesh Perumalla

IQAC Coordinator

Date: 12/9/2025

Sathesh Perumalla
Principal
Date: 16/9/25





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ATTENDANCE SHEET

TITLE OF THE EVENT: Abhiya visit

DATE OF THE EVENT: 13th September

NAME OF THE DEPARTMENT/ SOCIETY: NSS

NAME OF THE EVENT COORDINATOR: Dr. Satheesh Perumalla

S.NO.	NAME OF THE STUDENT	ROLL NO. OF THE STUDENT	COURSE AND YEAR	SIGNATURE
1.	Amyan kr.	1423013	Botany 3 rd	amyankr.
2.	Atul kr. Surya	1423006	Botany 3 rd	Atul
3.	Chetan8i	0823060	BA(H) sociology	chetan
4.	Sarshi			
5.	Pshani	0220523	English Hon	Shantrora
6.	Mayank	0824031	India hr.	Mayank
7.	Banshi			
8.	Anshika Jain	0723016	BA(H) Pol. Science	Anshika
9.	Tulsi			
10.	Santosh	0324017	B.A. (H) Hindi	Santosh
11.	Aishani			
12.	Lobsang			
13.	Sushmita	0725028	Pol. Sci. Hons	Sushmita
14.	Nikhil	0224041	English Hon.	Nikhil
15.	Akansha	1123901	BSc. Life Sc.	Akansha
16.	Sarsham			
17.	Mayank	0824031	Sociology, Hon	Mayank

P. Satheesh
6/10/24



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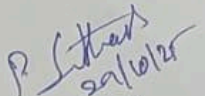
(University of Delhi)

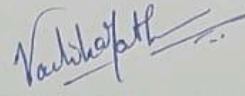
NAAC Grade A+

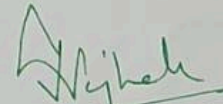
समापन प्रमाण पत्र
COMPLETION CERTIFICATE

यह प्रमाणित किया जाता है की साहस : ब्रेकिंग टैबूज विद करेज कार्यक्रम को सितम्बर 13, 2025 को अपराह्न 2:00 से 4:00 बजे तक राष्ट्रीय सेवा योजना द्वारा आशा गृह गर्ल्स होम में सफलतापूर्वक आयोजित किया गया और इस कार्यक्रम की रिपोर्ट अभिलेख के लिए आंतरिक गुणवत्ता आश्वासन प्रकोष्ठ (IQAC) को जमा कर दी गई है।

This is to certify that the **SAHAS : Breaking Taboos with Courage program** was successfully conducted on **September 13, 2025** from **2:00 P.M.** to **4:00 P.M.** by **National Service Scheme** at **Asha Grih Girls Home** and its event report has been submitted to IQAC for records.


Event In-Charge


IQAC Coordinator


Principal
31/10/25