



Tirumala Tirupati Devasthanams

శ్రీ వేంకటేశ్వర కళాశాల

**Sri Venkateswara College**

(University of Delhi)

NAAC Grade A+

**SRI VENKATESWARA COLLEGE  
(UNIVERSITY OF DELHI)**

**EVENT REPORT**

<b>NAME OF THE EVENT: Board Activity: “What Brings You Joy?” and “Draw How You Feel”</b>			
<b>DATE</b>	<b>DEPARTMENT</b>	<b>COMMITTEE/SOCIETY</b>	<b>COORDINATORS' NAME</b>
09 September 2024	-	Empathise-Mental Health Society	Dr. Ritika Singh
<b>TIME</b>	<b>VENUE</b>	<b>NUMBER OF PARTICIPANTS</b>	<b>NATURE: Outdoor/Indoor; online/offline/hybrid</b>
10:00 am to 1:00 pm	Foyer	29	Indoor
<b>FINANCIAL SUPPORT/ASSISTANCE (if any):</b>	NA		

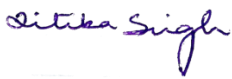
**BRIEF INFORMATION ABOUT THE ACTIVITY**

<b>TOPIC/SUBJECT OF THE ACTIVITY</b>	Board Activity: “What Brings You Joy?” and “Draw How You Feel” (Mental Health Awareness Activity)
<b>OBJECTIVES</b>	To promote the importance of mental wellbeing on campus
<b>METHODOLOGY</b>	With the use of post-it notes, the students were asked to write the one thing that brings them joy.
<b>INVITED SPEAKERS WITH AFFILIATION DETAILS (IF ANY)</b>	NA

<b>OUTCOMES</b>	This helped in bringing some positivity and a smile on the faces of students who participated. We also got a wide range of answers on our table activity.
-----------------	---

**PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):**

1 Notice & Letters  ✓	2 Number of Participants & Name of participants	3 Video clip	4 Photos  ✓	5 Feedback Form & analysis
6 News clip with details	7 Sample Copy of the Certificate	8 Posters/ Invites	9 Event report Attested by Event Coordinator & IQAC Coordinator	10 Any other document

<b>Departmental file no:</b> SVC/Empathise/2024-25/September 2024/02
<b>IQAC File No:</b> SVC/IQAC/EMP/2024-25/September 2024
<b>Criterion No:</b> III, VII
<b>NAME OF EVENT-IN-CHARGE &amp; SIGNATURE:</b>    Dr Ritika Singh

Note: Please fill in your own details in places with red font

For Reference

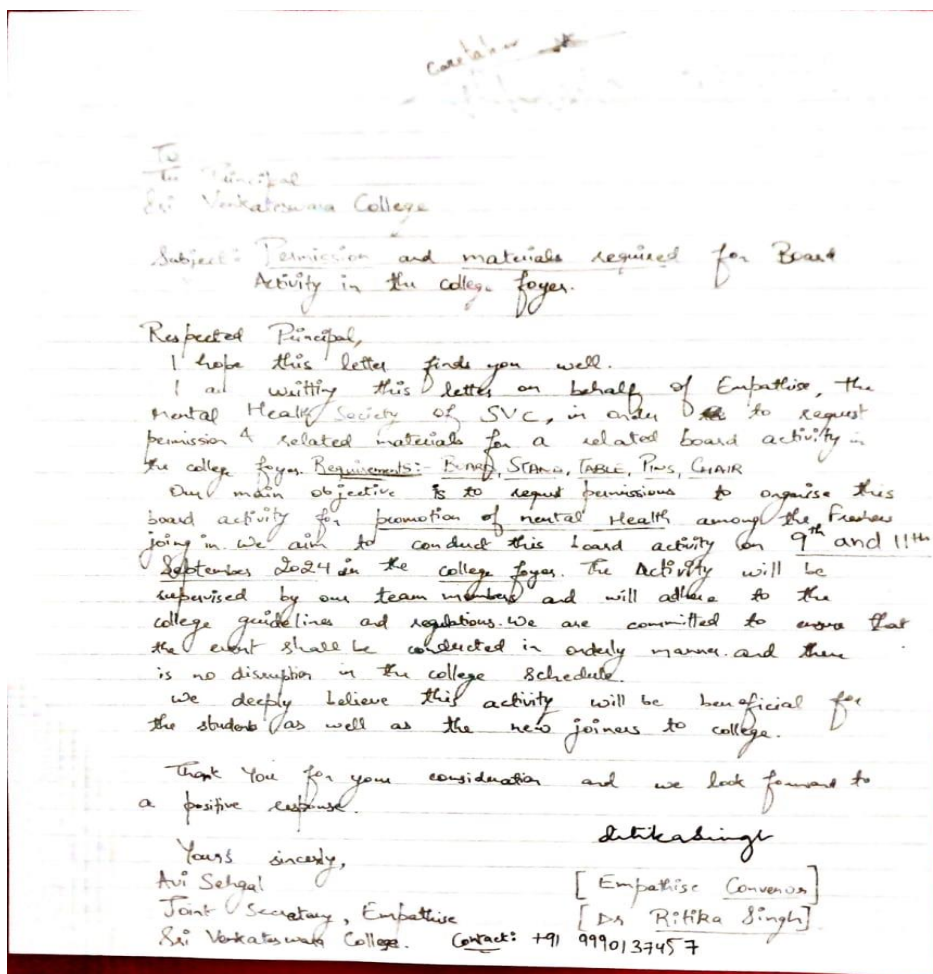
Criterion I	Curricular Aspects (planning & Implementation)	Criterion V	Student Support & Progression
Criterion II	Teaching Learning & Evaluation	Criterion VI	Governance, Leadership & Management
Criterion III	Research, Innovations & Extension	Criterion VII	Institutional Values & Best Practices
Criterion IV	Learning Resources and Infrastructure		

# Report

Empathise conducted a board activity and a table activity titled "What Brings You Joy?" and "Draw How You Feel" respectively on 11th September 2024 from 10 A.M to 1 P.M at the foyer.

With the use of post-it notes, the students were asked to write the one thing that brings them joy. This helped in bringing some positivity and a smile on their faces. We also got a wide range of answers on our table activity.

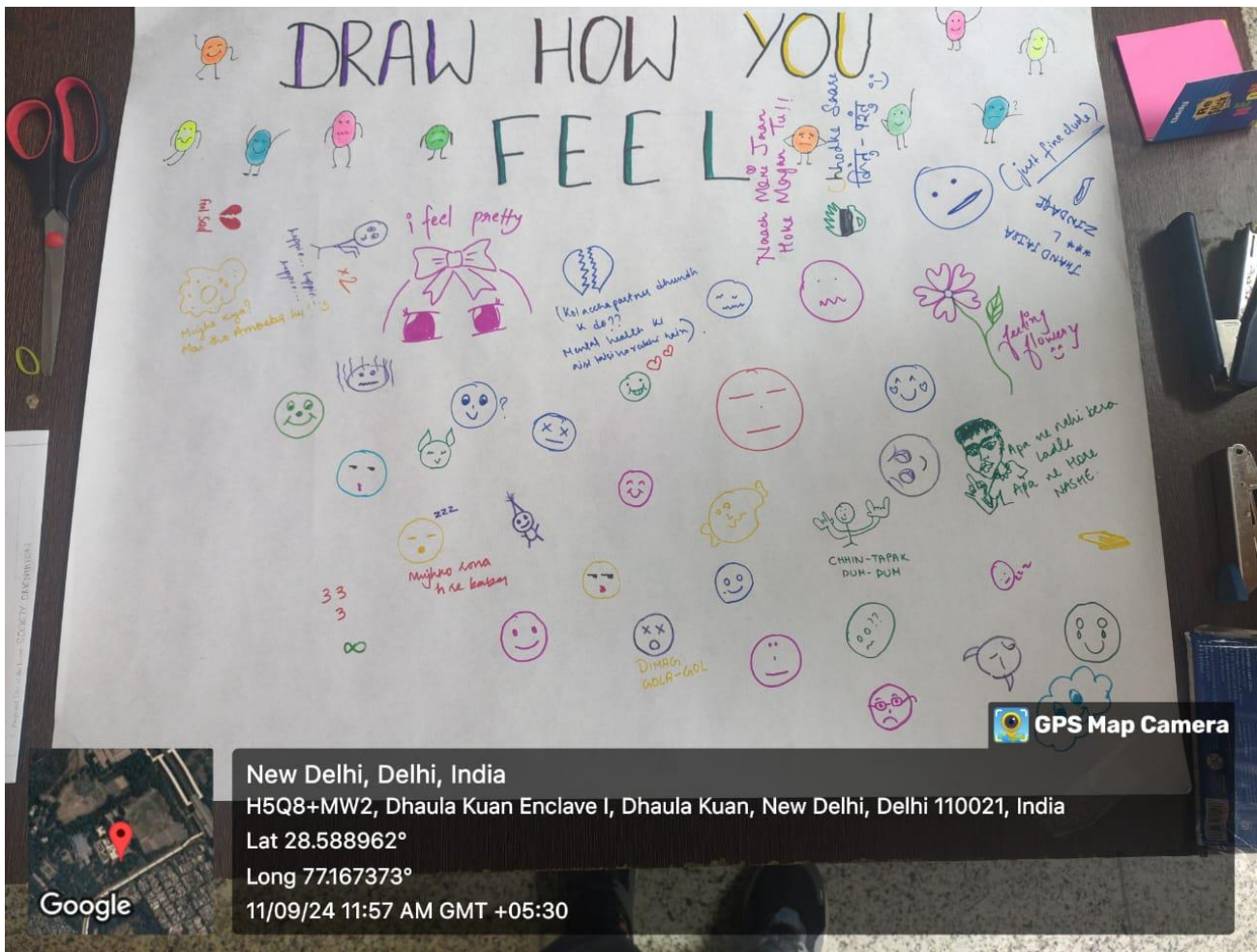
We would like to express our heartfelt gratitude to Principal Sir for giving us the permission to conduct these activities and allowing us to reach out to more freshers. We would also like to thank the caretaker for providing us with the required equipment for the smooth ongoing of the activities.



## Application Letter for permission

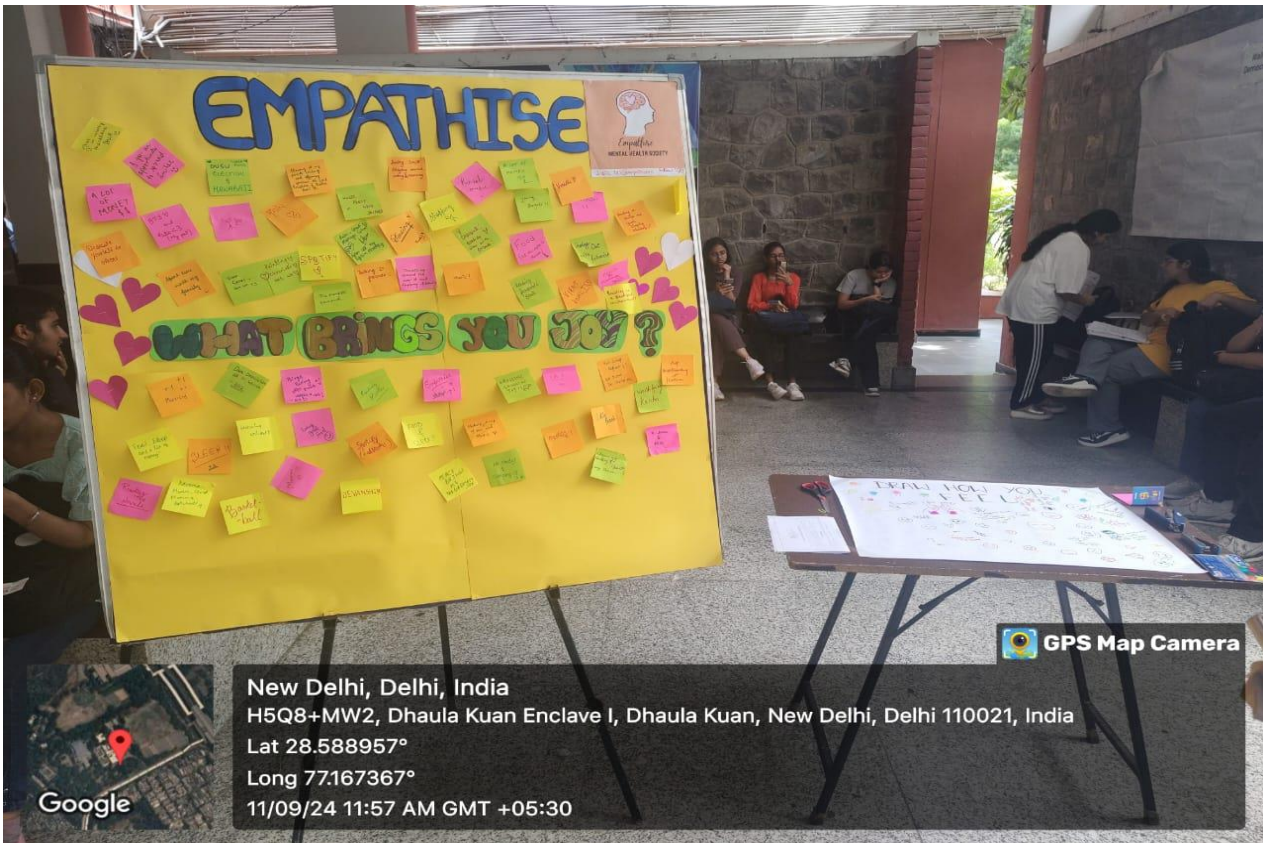


Board Activity



New Delhi, Delhi, India  
H5Q8+MW2, Dhaula Kuan Enclave I, Dhaula Kuan, New Delhi, Delhi 110021, India  
Lat 28.588962°  
Long 77.167373°  
11/09/24 11:57 AM GMT +05:30

Table Activity



Board and Table activity



Tirumala Tirupati Devasthanams

శ్రీ వేంకటేశ్వర కళాశాల

**Sri Venkateswara College**  
(University of Delhi)

NAAC Grade A+

## **COMPLETION CERTIFICATE**

This is to certify that the **Board Activity: What Brings You Joy** was successfully conducted on **09 September 2024** (one day) from 10am to 1pm by **Empathise: Mental Health Society** in the Offline mode and its event report has been submitted to IQAC for records.

*Sitika Singh*

Event-in-Charge

*Vandana Patil*

**IQAC Coordinator**  
Coordinator, IQAC  
Sri Venkateswara College  
(University of Delhi)  
Dhaura Kuan, New Delhi-110021

*[Signature]*  
Principal

**प्रधानाचार्य**  
**Principal**  
श्री वेंकटेश्वर महाविद्यालय  
Sri Venkateswara College  
दिल्ली विश्वविद्यालय / University of Delhi  
धौला कुआँ, नई दिल्ली / Dhaura Kuan, New Delhi-21