



Tirumala Tirupati Devasthanams

శ్రీ వేంకటేశ్వర కళాశాల

**Sri Venkateswara College**

(University of Delhi)

NAAC Grade A+

**SRI VENKATESWARA COLLEGE  
(UNIVERSITY OF DELHI)**

**EVENT REPORT**


<b>NAME OF THE EVENT: Board Activity:What's one thing you learned this week</b>			
<b>DATE</b>	<b>DEPARTMENT</b>	<b>COMMITTEE/SOCIETY</b>	<b>COORDINATORS' NAME</b>
11 October 2024	--	Empathise- Mental Health Society	Dr. Ritika Singh
<b>TIME</b>	<b>VENUE</b>	<b>NUMBER OF PARTICIPANTS</b>	<b>NATURE: Outdoor/Indoor; online/offline/hybrid</b>
11:00 am to 1:00 pm	Foyer	35	Indoor
<b>FINANCIAL SUPPORT/ASSISTANCE (if any):</b>	--		

**BRIEF INFORMATION ABOUT THE ACTIVITY**

<b>TOPIC/SUBJECT OF THE ACTIVITY</b>	Board activity: what's one thing you learned this week? (Mental Health Awareness Activity)
<b>OBJECTIVES</b>	To promote the importance of mental well-being on campus
<b>METHODOLOGY</b>	With the use of post-it notes, students were asked to write the one thing they learned this week
<b>INVITED SPEAKERS WITH AFFILIATION DETAILS (IF ANY)</b>	--
<b>OUTCOMES</b>	Spreading positivity and helping students be more present in the moments and being grateful for the experiences that they get to have

**PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):**

1 Notice & Letters  ✓	2 Number of Participants & Name of participants	3 Video clip	4 Photos  ✓	5 Feedback Form & analysis
6 News clip with details	7 Sample Copy of the Certificate	8 Posters/ Invites	9 Event report Attested by Event Coordinator & IQAC Coordinator	10 Any other document

<b>Departmental file no:</b> SVC/ <del>EMPATHISE</del> /2024-25/ <del>October 2024/04</del>
<b>IQAC File No:</b> SVC/IQAC/ <del>EMP</del> /2024-25/ <del>October 2024</del>
<b>Criterion No:</b> 3 and 7
<b>NAME OF EVENT-IN-CHARGE &amp; SIGNATURE:</b> Dr. Ritika Singh  

Note: Please fill in your own details in places with red font

For Reference

Criterion I	Curricular Aspects (planning & Implementation)	Criterion V	Student Support & Progression
Criterion II	Teaching Learning & Evaluation	Criterion VI	Governance, Leadership & Management
Criterion III	Research, Innovations & Extension	Criterion VII	Institutional Values & Best Practices
Criterion IV	Learning Resources and Infrastructure		

Report

Empathise conducted a board activity titled “Flashback Friday: what's one thing you learned this week?” on 11th October 2024 at the foyer from 11 am to 1pm. The aim of the activity was to spread positivity and help students be more present in the moments and be grateful for the experiences that they get to have. Students turned up in great numbers and participated with huge enthusiasm.

We sincerely thank the principal for allowing us to conduct this activity which allowed us to bring smiles on the faces of students. We also thank the caretaker for providing us with the required materials for smooth ongoing of this activity.



**EMPATHISE  
& FLASHBACK  
FRIDAY**  
What's one thing you  
learned this week?

 GPS Map Camera

**New Delhi, DL, India**  
Dhaulta Kuan, New Delhi, 110021, DL, India  
Lat 28.588800, Long 77.167447  
10/11/2024 01:13 PM GMT+05:30  
Note : Captured by GPS Map Camera



# EMPATHISE FLASHBACK FRIDAY

What's One thing you  
learned this week?

No Smoking Area  
Smoking Here is an  
Offence

UNION





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## COMPLETION CERTIFICATE

This is to certify that the **Board Activity: What's One Thing You Learnt This Week** was successfully conducted on **11 October 2024** (one day) from 11:00am to 01:00pm by **Empathise: Mental Health Society** in the Offline mode and its event report has been submitted to IQAC for records.

*Divitika Singh*

Event-in-Charge

*Vaithyalingam*

IQAC Coordinator

Coordinator, IQAC  
Sri Venkateswara College  
(University of Delhi)  
Dhaura Kuan, New Delhi-110021

*Principals*

Principal

प्रधानाचार्य  
Principal

श्री वेंकटेश्वर महाविद्यालय  
Sri Venkateswara College  
दिल्ली विश्वविद्यालय / University of Delhi  
धौला कुआँ, नई दिल्ली / Dhaura Kuan, New Delhi-110021